

Switching antiretroviral therapy to safer strategies based on integrase inhibitors

Dr Paddy Mallon

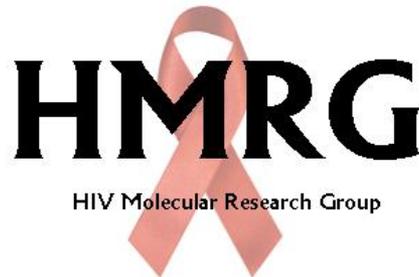
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& Medical Science

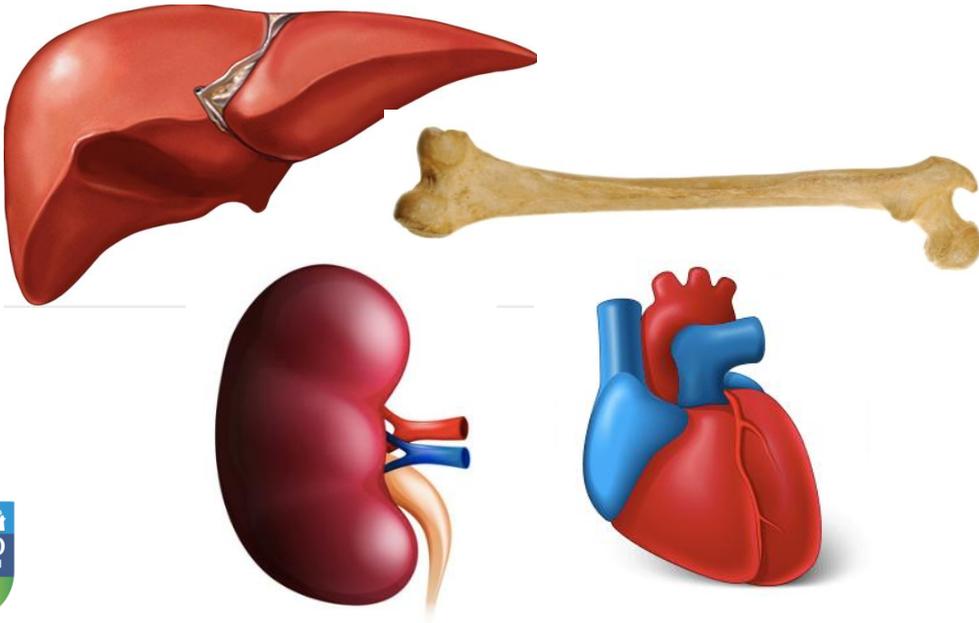


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WE NEED SAFER DRUGS!!



Reasons to switch

- To decrease polypharmacy
- To simplify dosing (food effects) / monitoring
- To reduce potential for drug-drug interactions
- To manage / avoid adverse events
- Better safety in special circumstances - pregnancy
- To decrease cost (medications, labs, clinic visits)

Reasons *NOT* to switch?

- If it ain't broke, don't fix it
- 'Threshold' of toxicity / tolerability
- Can you be sure the switch will fix the problem?
- Potential to introduce new toxicities
- Will the switch be as effective?
- Virological failure (new resistance)
- Short-term gain, long-term costs – generics

Switching to InSTI as a 'safer' option

Raltegravir



200mg

Elvitegravir



Stribild



Genvoya

Dolutegravir



Dolutegravir



Triumeq

*please note pictures do not represent actual size



A380

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Dolutegravir

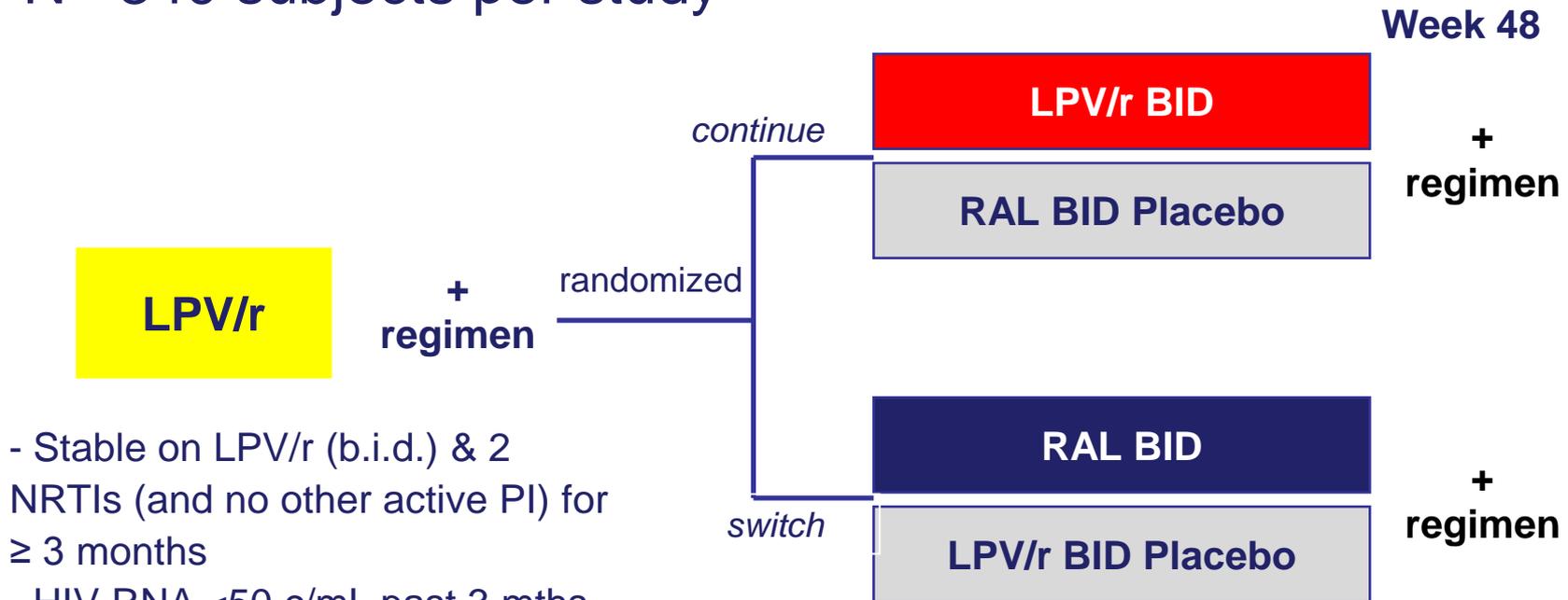


Triumeq

Switching to raltegravir

SWITCHMRK (032/033)

N= 340 subjects per study



- Stable on LPV/r (b.i.d.) & 2 NRTIs (and no other active PI) for ≥ 3 months
- HIV RNA <50 c/mL past 3 mths
- Patients with prior virologic failure were not excluded
- No LLT past 12 weeks

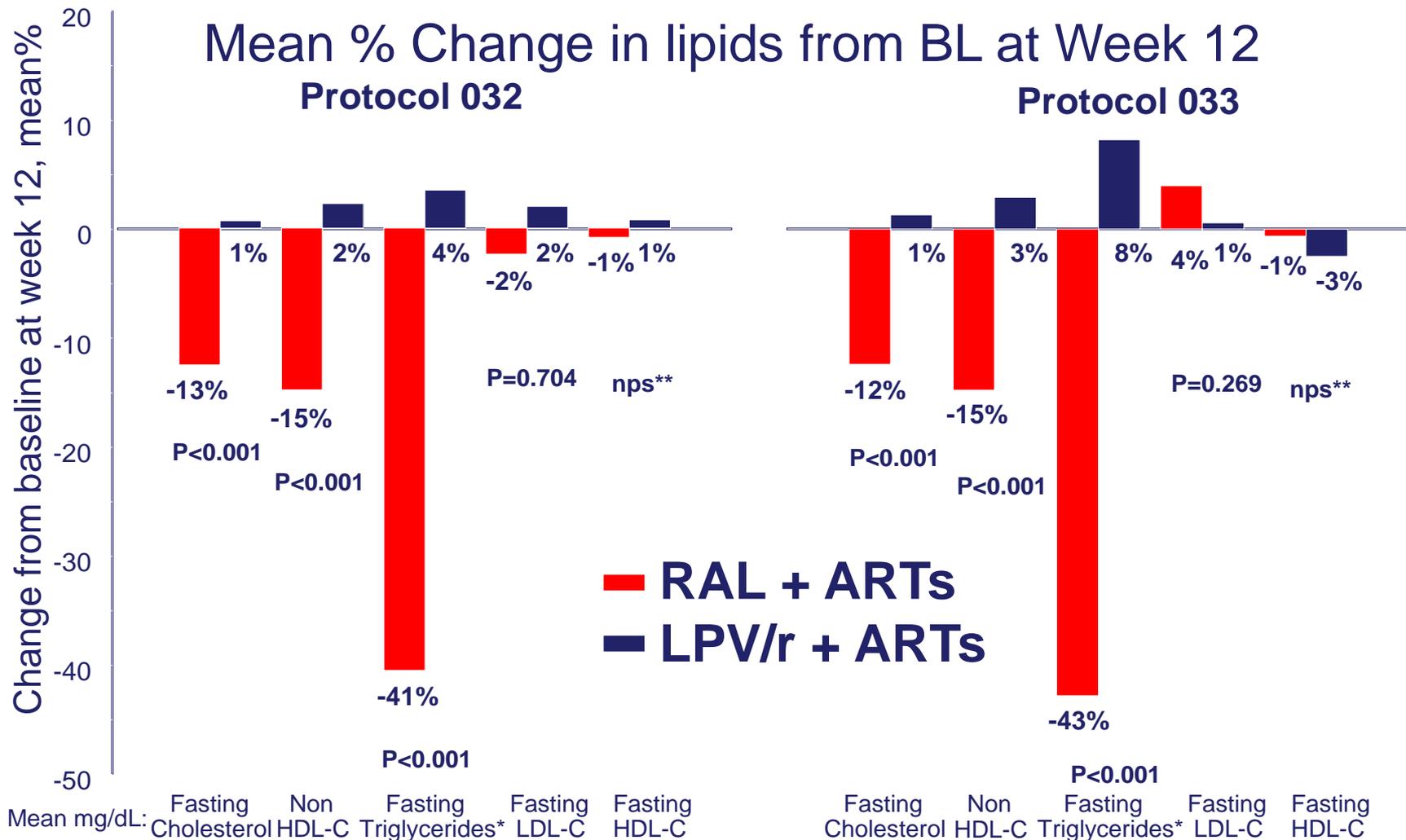
Primary endpoints:

Week 12: Mean % change in lipids (Total-C, Triglycerides, non-HDL-C and LDL-C)

Week 24: Proportion with viral load <50 copies/mL by Non-completer = Failure (NC=F)

Switching to raltegravir

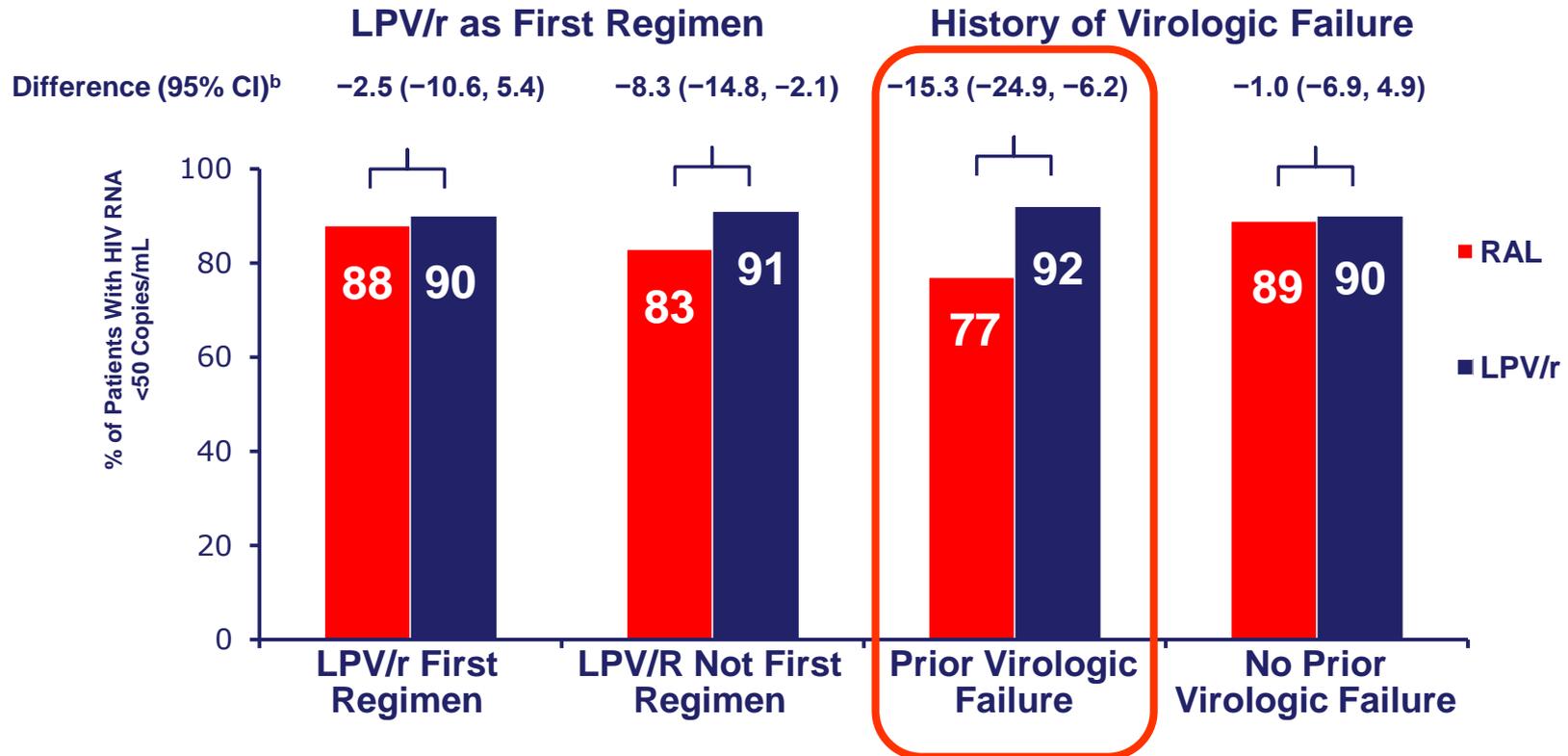
SWITCHMRK (032/033) study



*Median Percent Change **Not prespecified for test

Switching to raltegravir

SWITCHMRK (032/033) study Virological outcomes



UCD DUBLIN

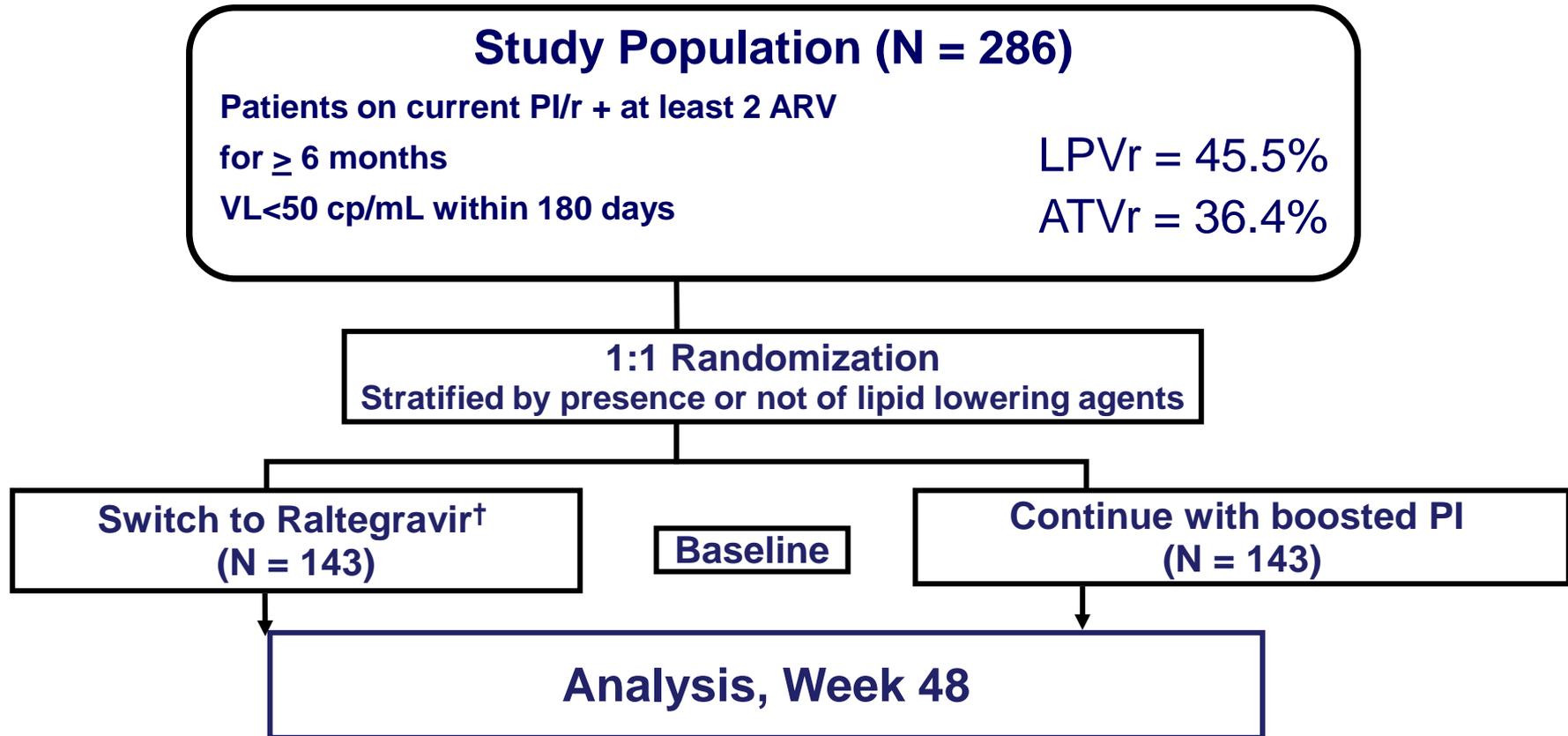
CI = confidence interval; LPV/r = lopinavir/ritonavir; RAL = raltegravir. ^aAll patients who did not complete the study were regarded as failures.

^bCalculated by the method of Miettinen and Nurminen.
^cPlus existing baseline regimen.

Switching to raltegravir

SPIRAL study

Study design – open labeled RCT



* Raltegravir 400mg BID (maintaining other antiretrovirals unchanged).

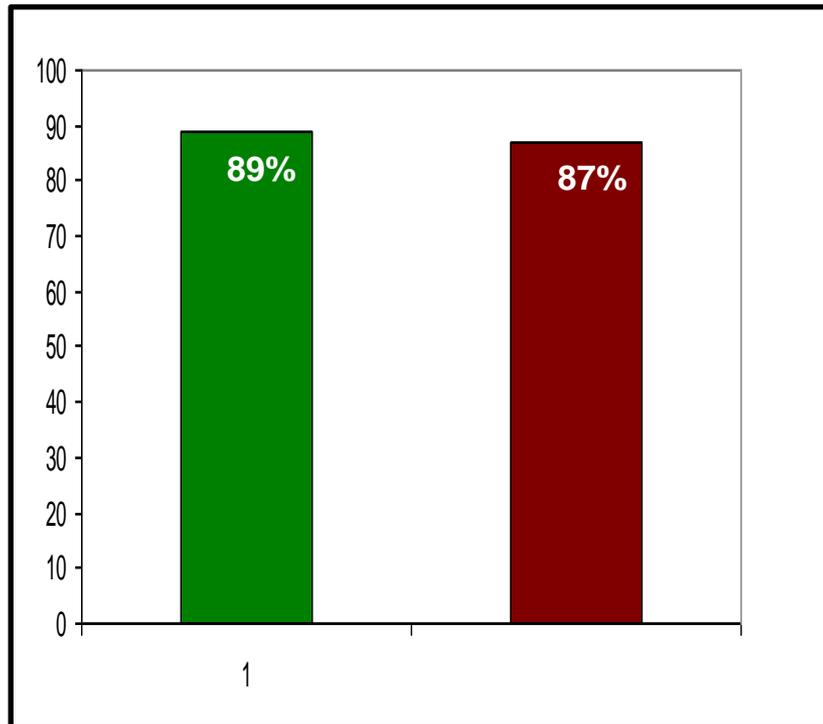
Switching to raltegravir

SPIRAL study

Virological outcomes¹

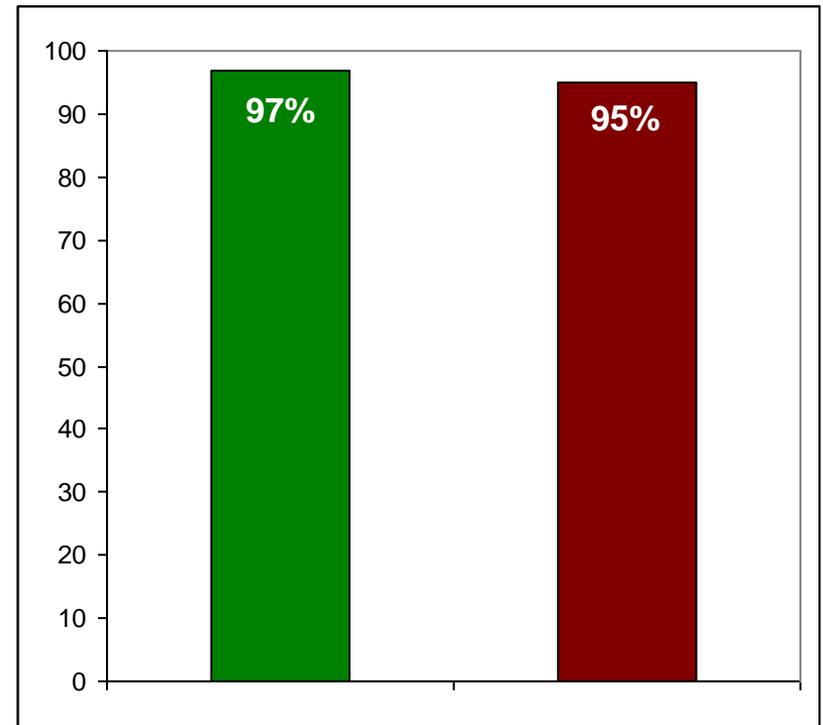
■ RALTEGRAVIR ■ PI/r

Free of Treatment Failure (ITT, S=F)



Difference Estimate (95% CI) 2.6% (-5.2%, 10.6%)

Free of Virologic Failure (≥ 50 cp/mL) (OT)



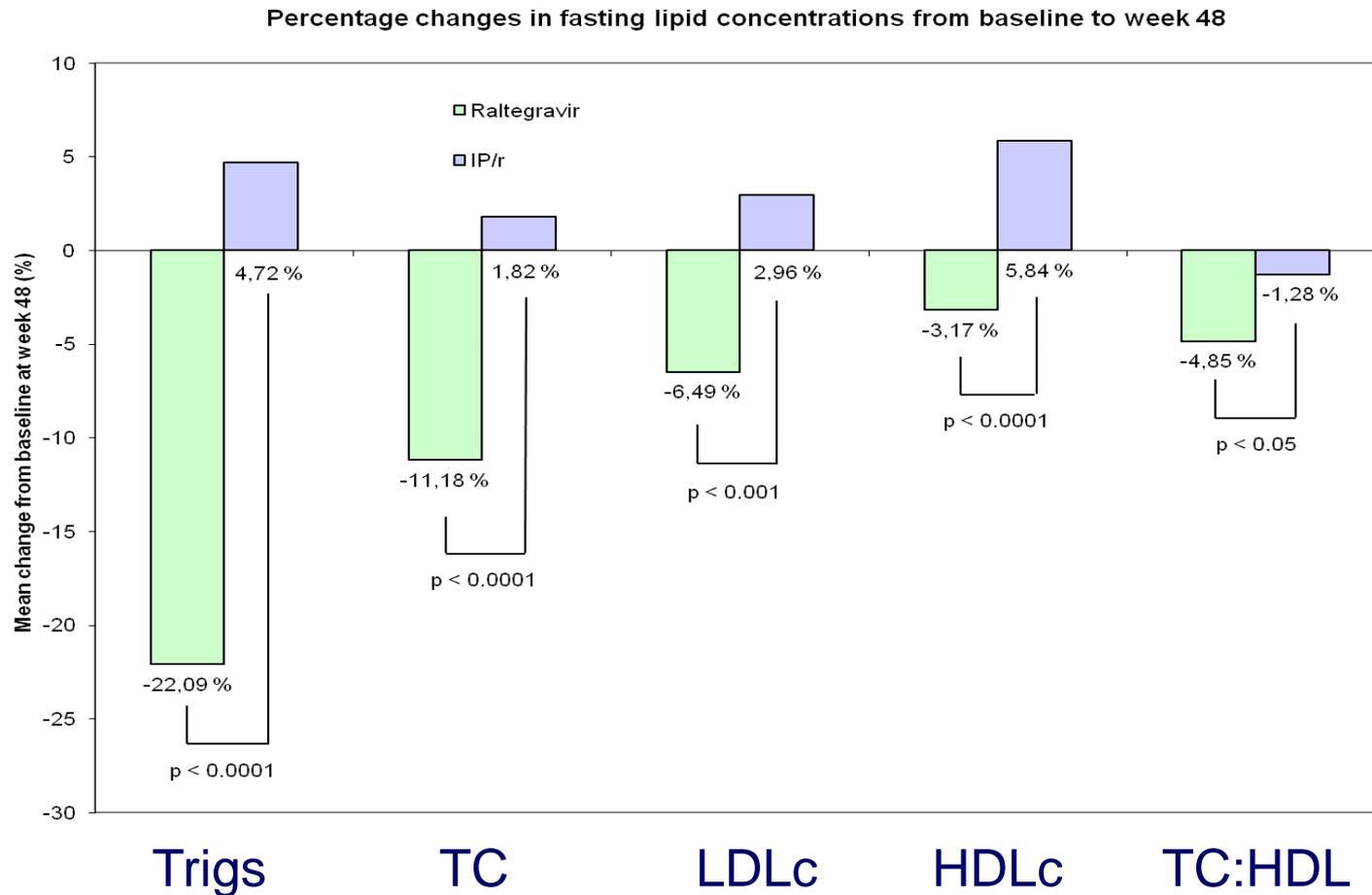
Difference Estimate (95% CI) 1.8% (-3.5%, 7.5%)

Outcomes not influenced by previous virological failures²

1. Martinez E et al. AIDS 2010 Jul 17;24(11):1697-707, 2. Blanco JL et al. Antivir Ther. 2015;20(5):487-92

Switching to raltegravir

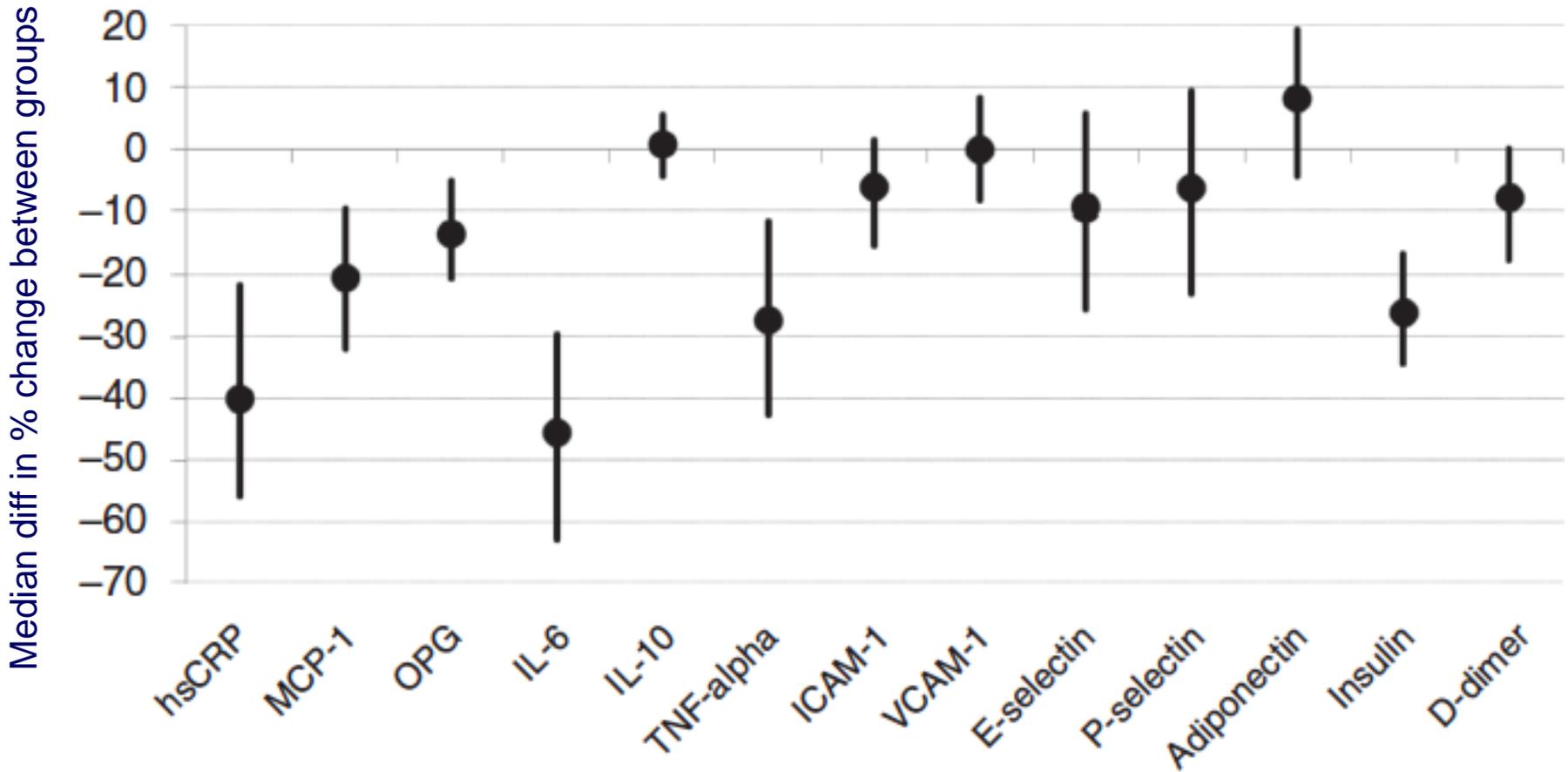
SPIRAL study Changes in lipids



Switching to raltegravir

SPIRAL study

Changes in CVD and inflammatory biomarkers



Switching to raltegravir

Protocol 003

Double-blind, RCT

EFV QD vs RAL BID

96 week followup

83% RAL vs 84% EFV
with HIVRNA < 50c/ml @
wk96

TABLE 4. Summary of Adverse Events

	Raltegravir, 400 mg Twice a Day, (N = 160) n (%)	Efavirenz, 600 mg Every Day, (N = 38) n (%)
One or more clinical adverse events	146 (91.3)	35 (92.1)
Serious clinical adverse events	16 (10.0)	3 (7.9)
Discontinued due to clinical adverse event	2 (1.3)	1 (2.6)
Drug-related* clinical adverse events†	82 (51.3)	28 (73.7)
Diarrhea	11 (6.9)	4 (10.5)
Nausea	20 (12.5)	5 (13.2)
Vomiting	4 (2.5)	3 (7.9)
Flatulence	9 (5.6)	1 (2.6)
Dizziness	14 (8.8)	11 (28.9)
Headache	14 (8.8)	9 (23.7)
Abnormal dreams	10 (6.3)	7 (18.4)
Insomnia	13 (8.1)	4 (10.5)
Nightmares	0 (0.0)	4 (10.5)
Fatigue	8 (5.0)	2 (5.3)
Malaise	2 (1.3)	3 (7.9)
Anxiety	2 (1.3)	2 (5.3)
Lethargy	2 (1.3)	2 (5.3)
Disturbance in attention	1 (0.6)	2 (5.3)
One or more laboratory adverse events	38 (23.8)	11 (28.9)
Discontinued due to laboratory adverse event	1 (0.6)	0 (0.0)
Drug-related* laboratory adverse events†	19 (11.9)	3 (7.9)
Aspartate aminotransferase increased	7 (4.4)	2 (5.3)
Alanine aminotransferase increased	6 (3.8)	2 (5.3)

Switching to raltegravir

SPIRAL study

Tolerability outcomes

Characteristic	RALTEGRAVIR	PI/r
	N = 142 N (%)	N = 140 N (%)
Patients with AE leading to study drug discontinuation	3 (2)	3(2)
Neuropsychiatric	2	1
Patients with Serious Adverse Event	6 (4)	5 (4)
Neuropsychiatric	3	1
Digestive	2	1
Respiratory	1	1

Switching to InSTI as a 'safer' option

Raltegravir



200mg

Elvitegravir



Stribid



Genvoya

Dolutegravir



Dolutegravir



Triumeq

Switching to Genvoya

Study 109: virologically suppressed adults switching from TDF-based regimen to Genvoya

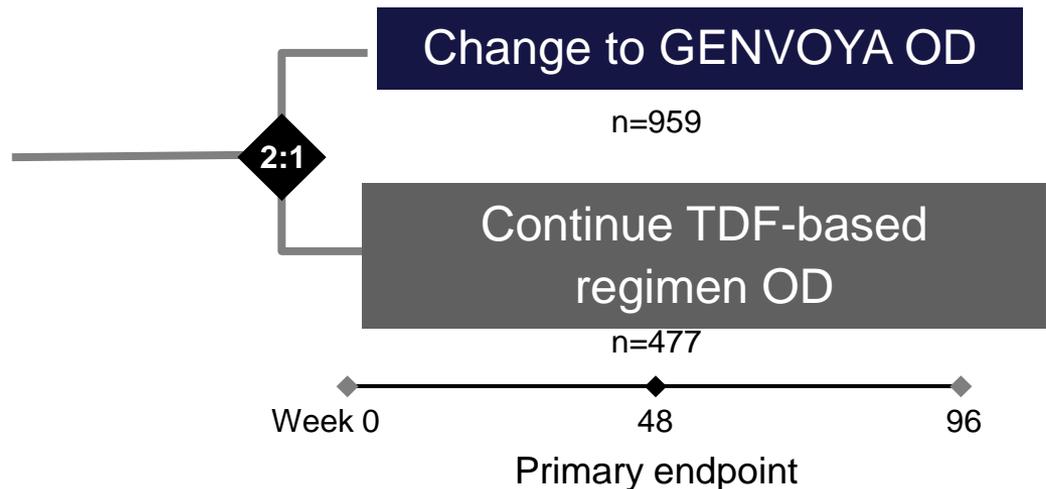
96 week, randomised, open-label, active-controlled Phase III study

Inclusion criteria:

- HIV-suppressed adults on ART (E/C/F/TDF, EFV/FTC/TDF, or boosted ATV + FTC/TDF)
- All patients were virologically suppressed* and had been on a TDF-based regimen for ≥ 96 weeks
 - CrCl >50 mL/min

Primary endpoint:

- Proportion with HIV-1 RNA <50 copies/mL at Week 48



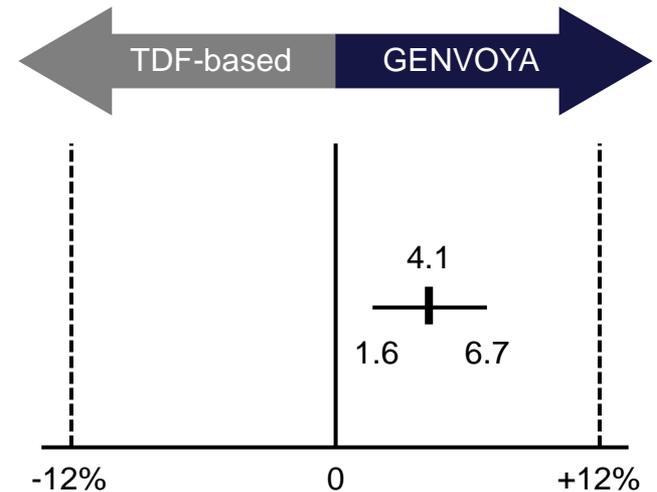
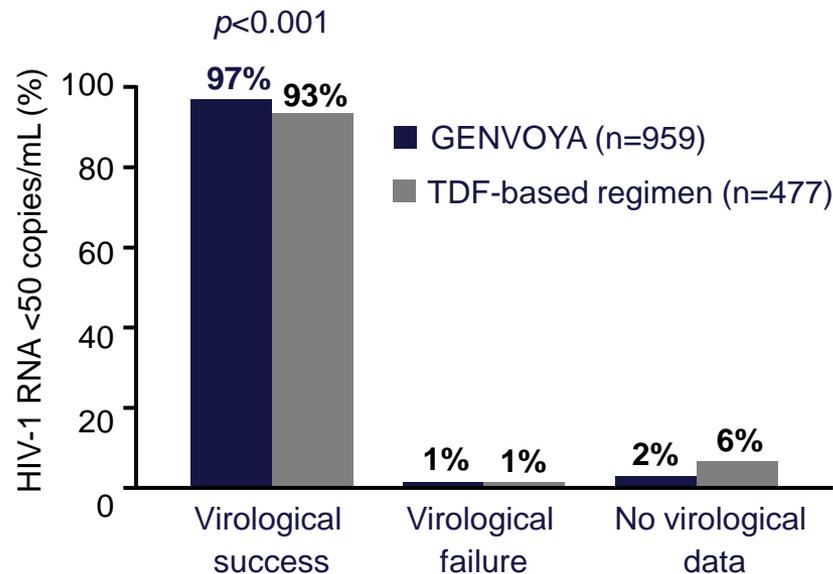
E, elvitegravir; C, cobisistat; FTC, emtricitabine; TDF, tenofovir disoproxil fumarate; EFV, efavirenz; ATV, atazanavir; OD, once daily; CrCl, creatinine clearance

* Virological suppression: plasma HIV-1 RNA <50 copies/mL

Switching to Genvoya

Study 109

Primary endpoint - switch to Genvoya non-inferior at week 48
Better virological success rates versus remaining on TDF-based regimens

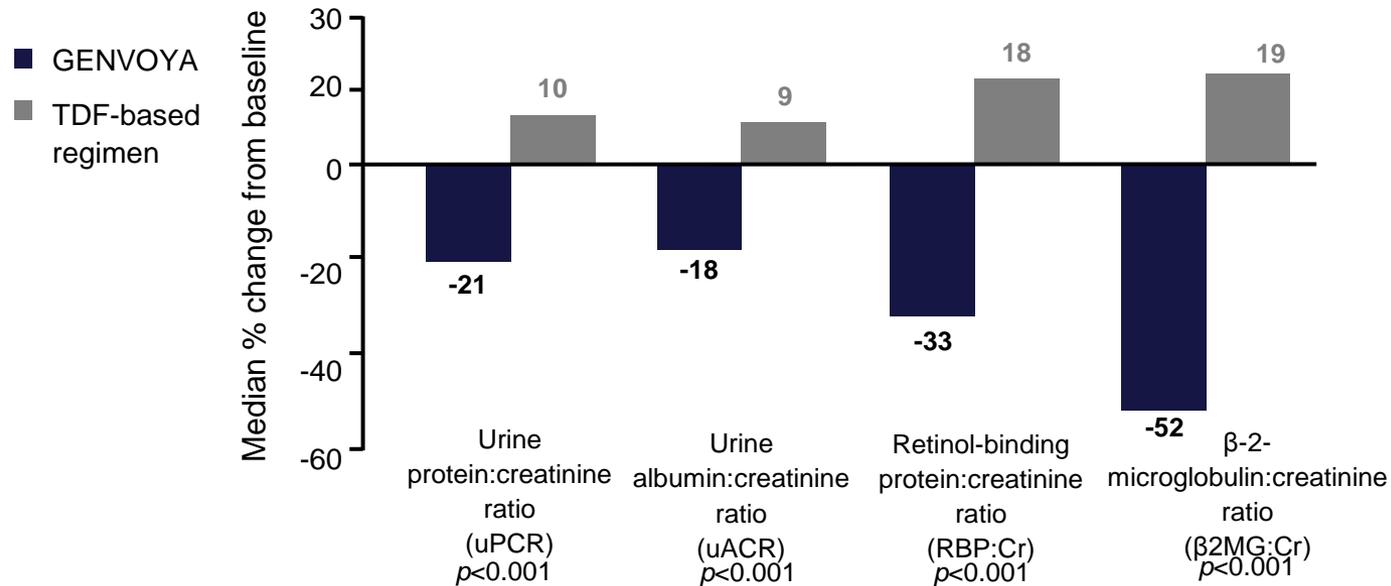


TDF, tenofovir disoproxil fumarate

Switching to Genvoya

Study 109

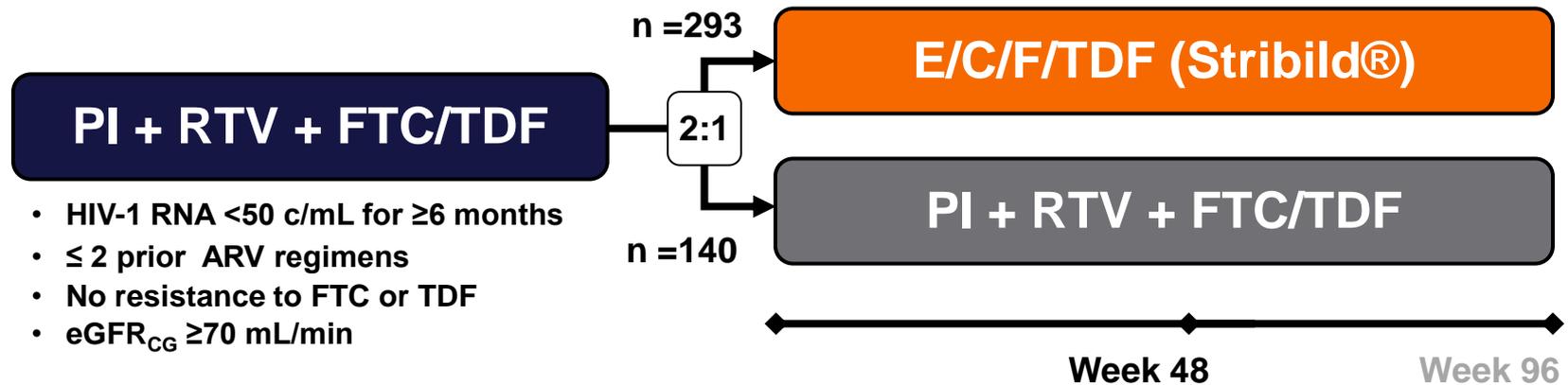
Statistically significantly lower quantitative proteinuria at week 48 versus remaining on TDF-containing regimens (all $P < 0.001$)¹



CrCl, creatinine clearance; TDF, tenofovir disoproxil fumarate

Switching PI to Elvitegravir/c

STRATEGY PI – multicentre, randomised, open-label, 96 week study



Primary endpoint: HIV-1 RNA <50 c/mL at Week 48 by Snapshot (noninferiority margin of 12%). If noninferiority is established, then superiority will be tested.

Secondary endpoint: Safety and tolerability at Week 48 & 96

Other endpoints: Patient reported outcomes*

*HIV Symptom Index and HIV Treatment Satisfaction questionnaires

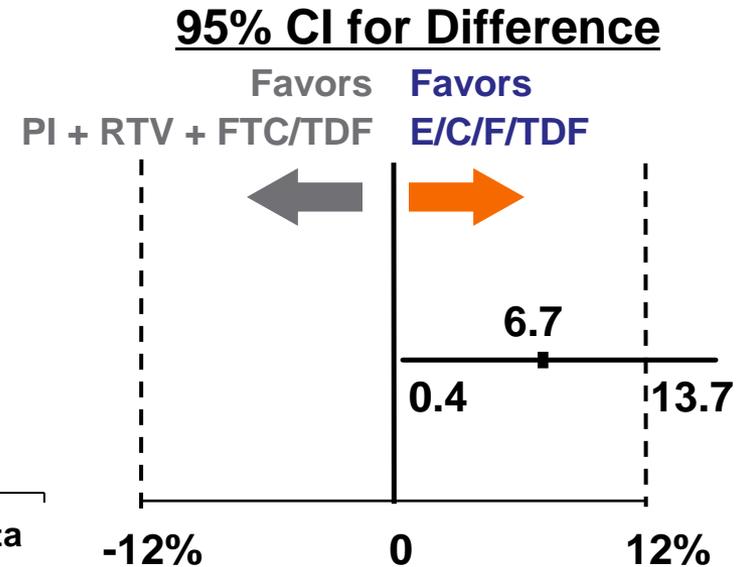
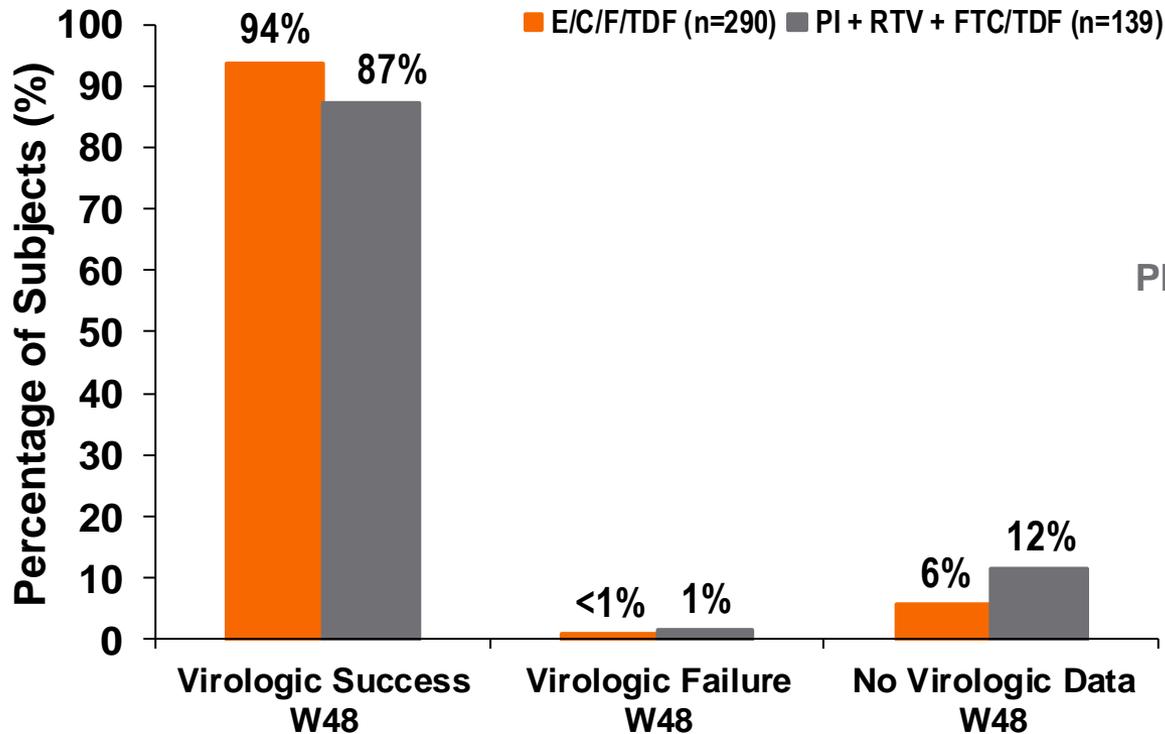
E/C/F/TDF: single-tablet regimen elvitegravir 150mg, cobicistat 150mg, emtricitabine 200mg, tenofovir DF 300mg; Stribild®

PI + RTV + FTC/TDF: ritonavir-boosted protease inhibitor and emtricitabine/tenofovir DF

Study GS-US-236-0115 is registered with ClinicalTrials.gov, number NCT01475838.

Switching PI to Elvitegravir/c

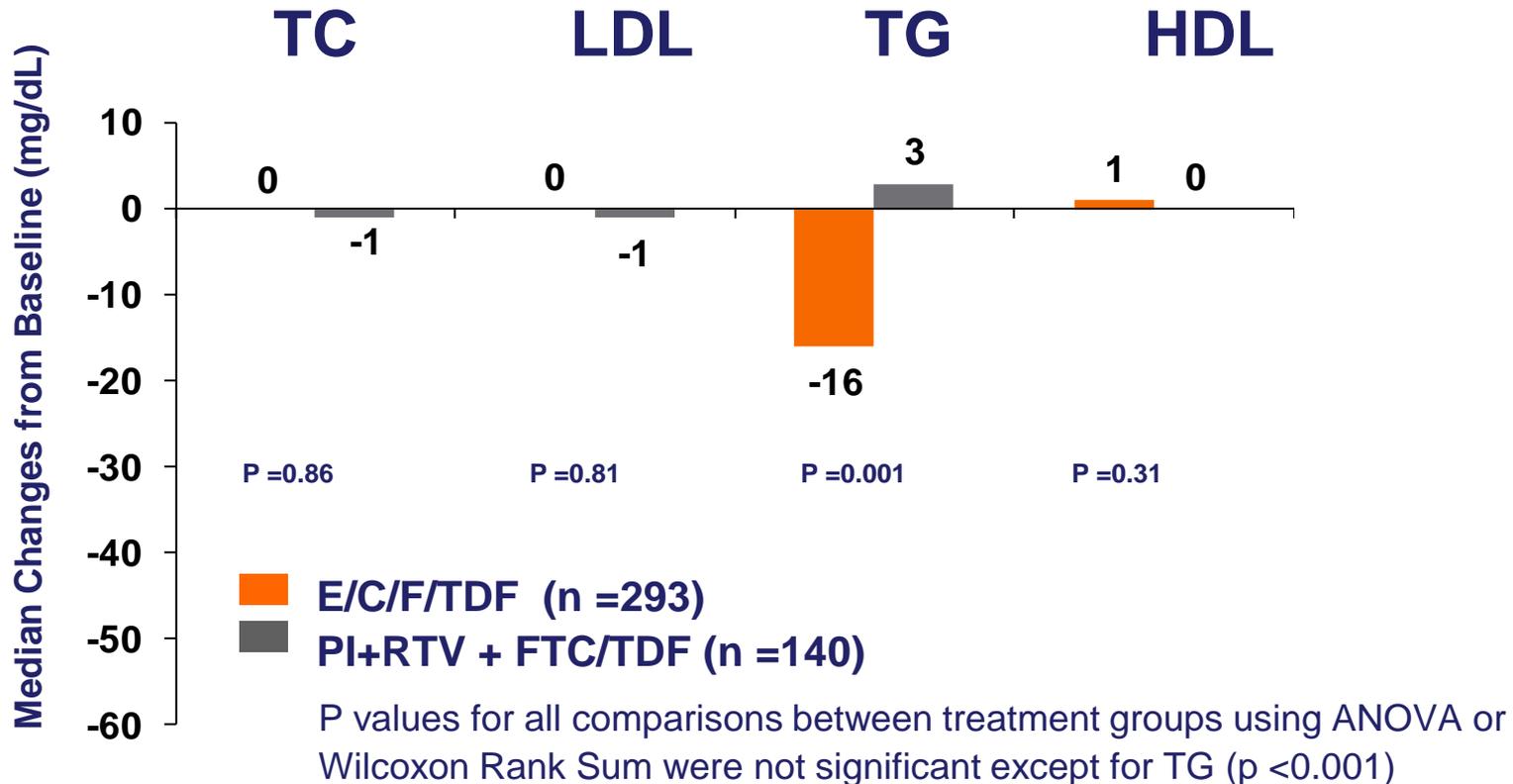
STRATEGY PI – primary endpoint: HIVRNA <50 cps/ml



Prespecified sequential testing
Statistical superiority
($p = 0.025$)

Switching PI to Elvitegravir/c

STRATEGY PI – change in fasting lipids

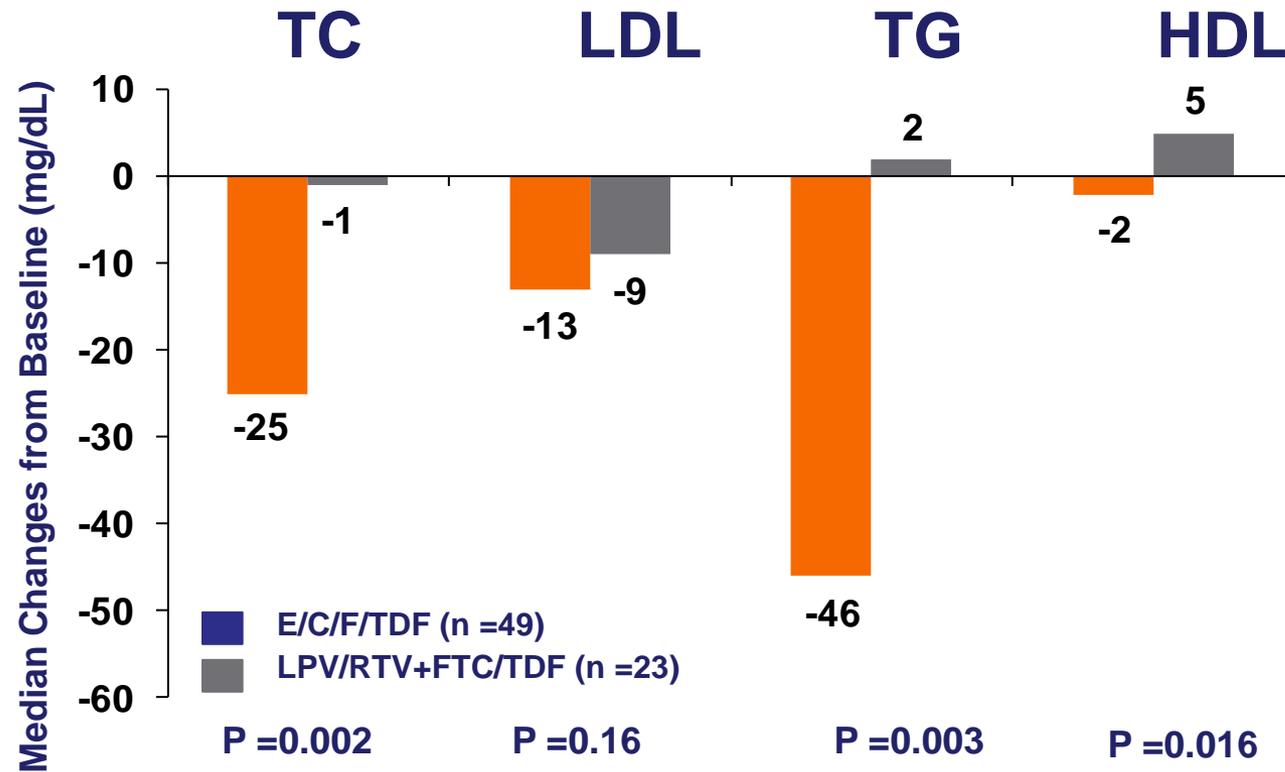


Changes from baseline in total cholesterol/HDL ratios were not statistically significant.

Decreases from baseline in triglycerides at Week 48 after switching to E/C/F/TDF

Switching PI to Elvitegravir/c

STRATEGY PI – change in fasting lipids with switch from LPVr



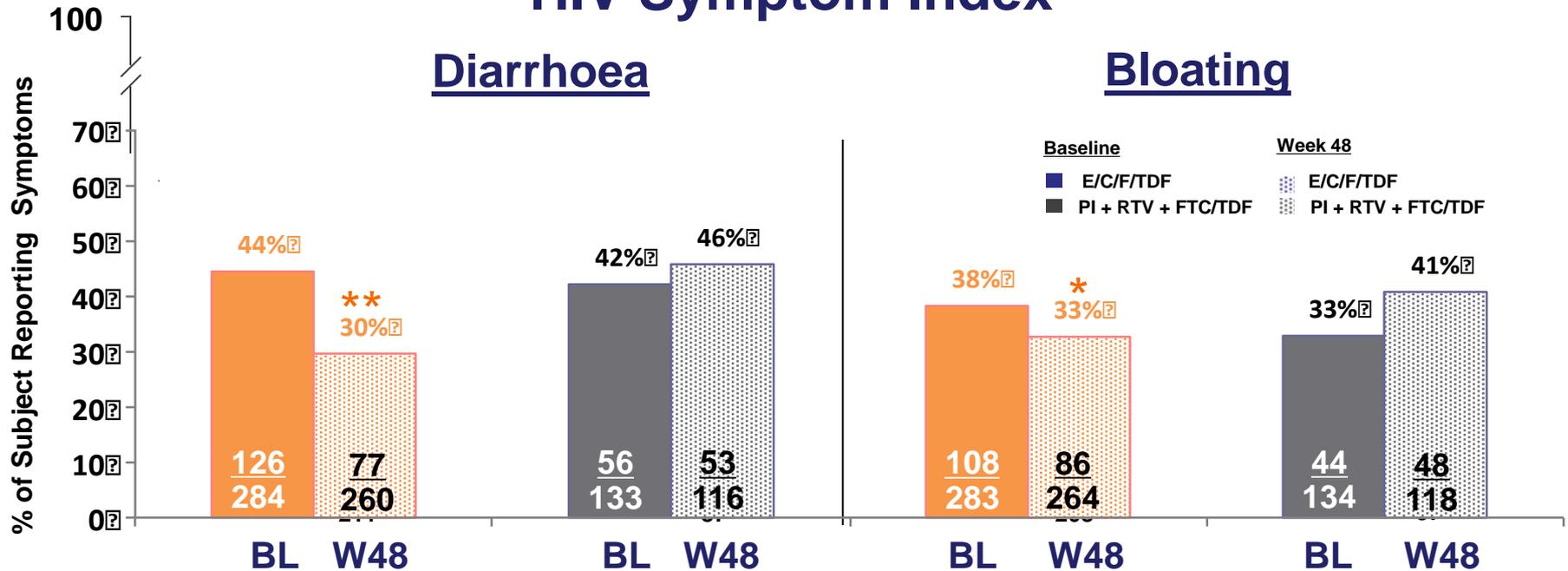
P values for all comparisons between treatment groups using Wilcoxon Rank Sum test

Changes from baseline in total cholesterol/HDL ratios were not statistically significant.

Decreases from baseline in TC, TGs, and HDL at Week 48 after switching from LPV/RTV to E/C/F/TDF

STRATEGY PI – patient reported outcomes

HIV Symptom Index



- Subjects who switched to E/C/F/TDF from PI + RTV + FTC/TDF had
 - Lower rates of diarrhea and bloating at Week 48 compared to baseline
 - Higher treatment satisfaction scores at Week 24 (mean: 23 vs. 15, p < 0.001)[^]

*P < 0.04 & **P < 0.001 (comparison with baseline within each treatment group). Decreases noted at week 4 & sustained to week 48.

P < 0.001, diarrhea & P = 0.019, bloating (comparison of changes from baseline at week 48 between treatment group).

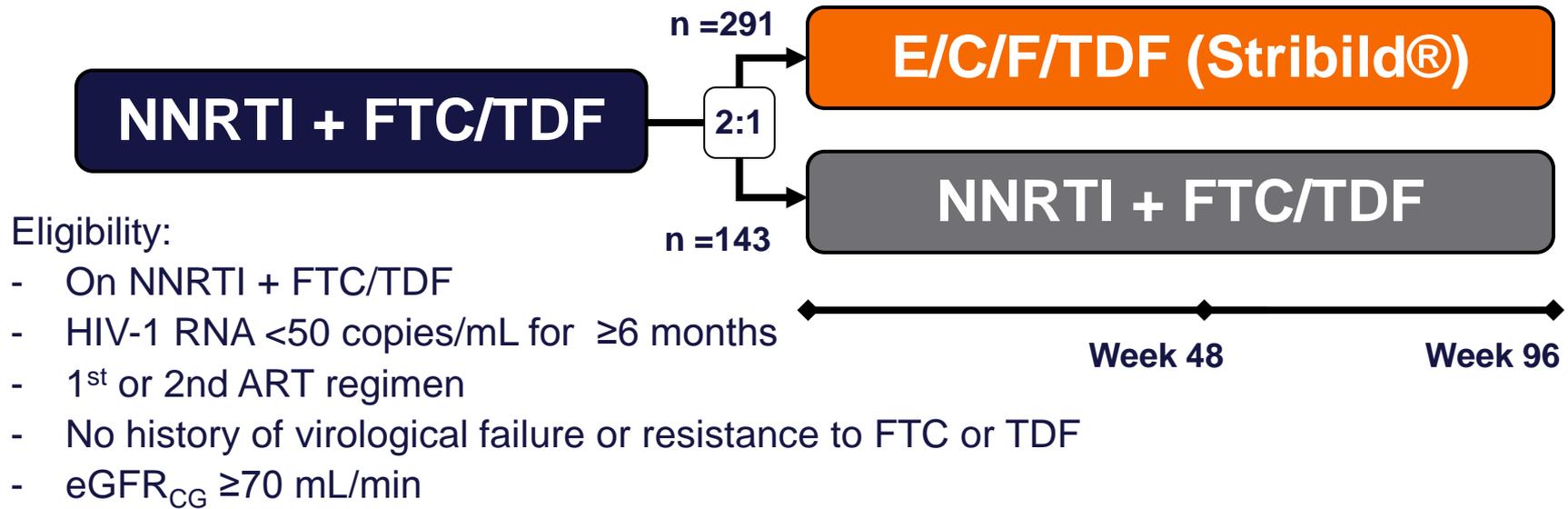
[^] HIV Treatment Satisfaction questionnaire, score range: -30 to 30

Arribas J et al. CROI 2014. Abstract 551LB

Switching NNRTI to Elvitegravir/c

STRATEGY-NNRTI

Study design



Eligibility:

- On NNRTI + FTC/TDF
- HIV-1 RNA <50 copies/mL for ≥ 6 months
- 1st or 2nd ART regimen
- No history of virological failure or resistance to FTC or TDF
- eGFR_{CG} ≥ 70 mL/min

Primary endpoint: HIV-1 RNA <50 c/mL at Week 48 by Snapshot (noninferiority margin of 12%)

Secondary endpoint: Safety and tolerability at Week 48 & 96

Switching NNRTI to Elvitegravir/c

STRATEGY-NNRTI

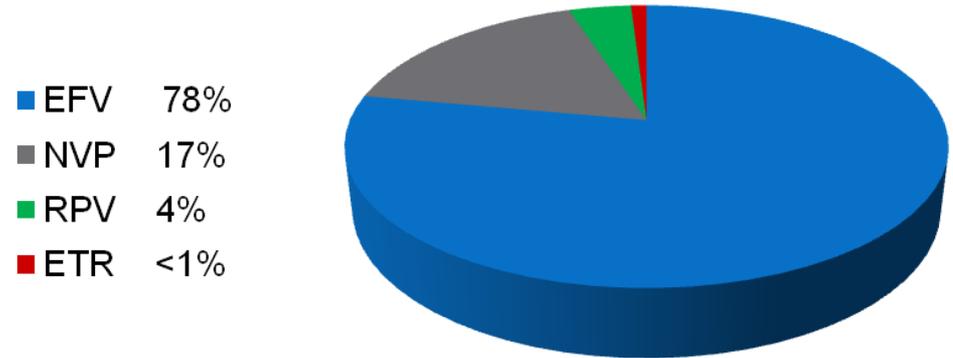
Previous ART regimens

Single Tablet Regimen (n =338; 78%)
Atripla (n =322; 74%)
Eviplera (n =16; 4%)

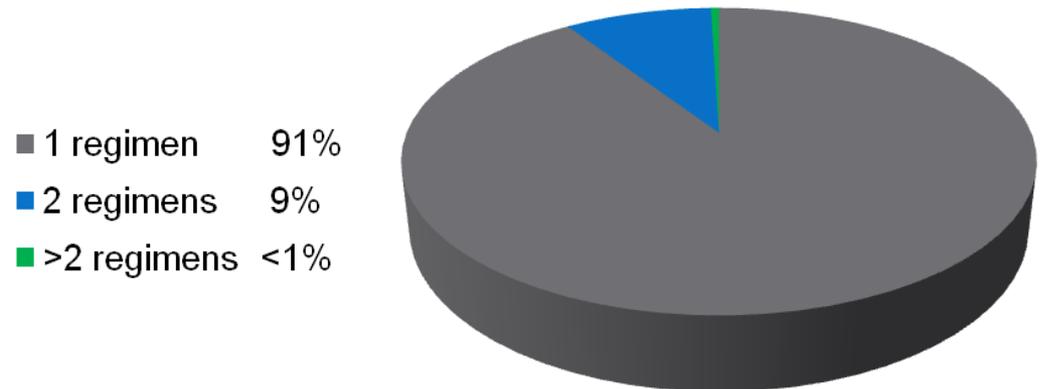
Reasons to enrol:	(n=434)
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Simplification	48%
Long-term toxicity concerns	20%
Current tolerability issues	14%

NNRTI at Randomization (n =434)



Number of Prior Regimens (n =434)

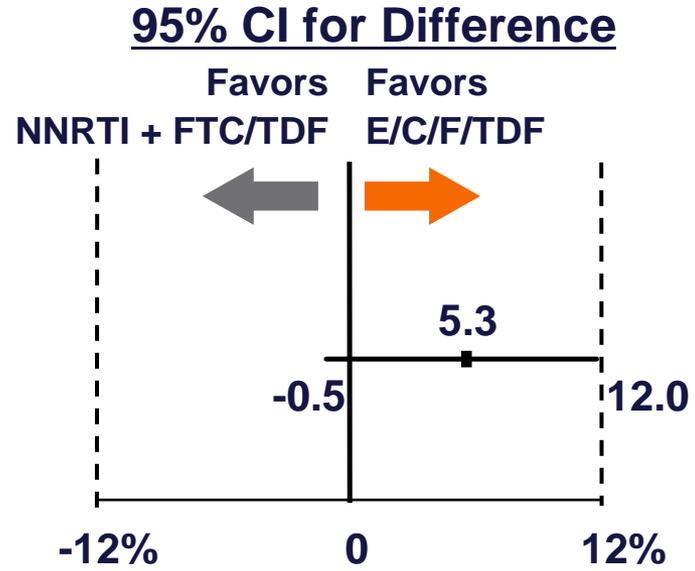
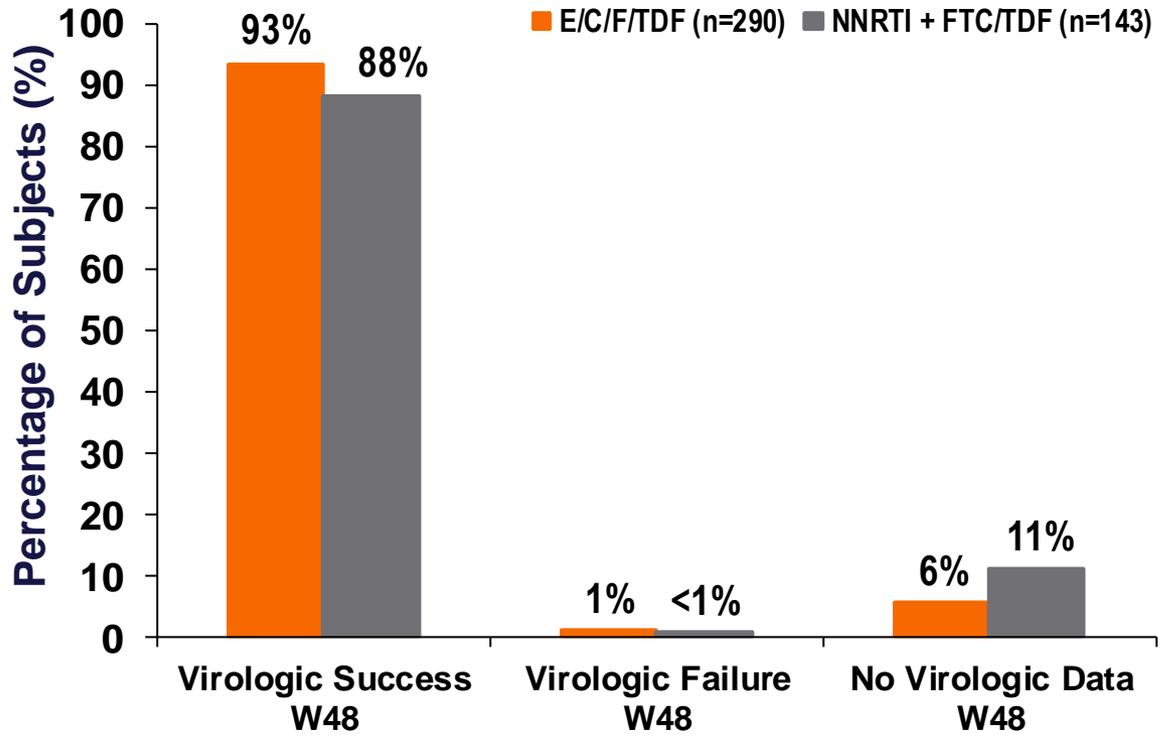


EFV, efavirenz; ETR, etravirine; NNRTI, non-nucleoside reverse transcriptase inhibitors; NVP, nevirapine; RPV, rilpivirine

Switching NNRTI to Elvitegravir/c

STRATEGY-NNRTI

Primary endpoint: HIV RNA < 50 cps/ml



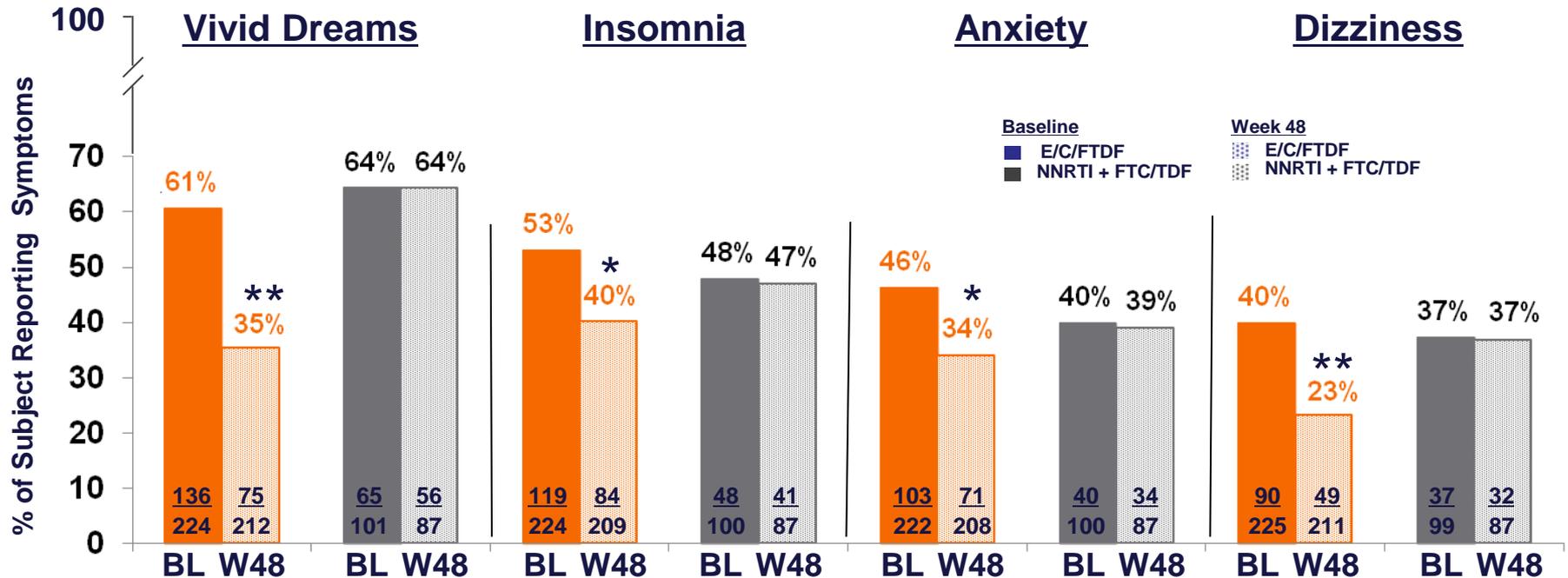
CD4 Cell Count (cells/mm ³)	Baseline (mean)	ΔWeek 48 (mean)	P-value (Δ W48 - BL)
E/C/F/TDF	586	+56	<0.001
NNRTI + FTC/TDF	593	+58	<0.001



Switching NNRTI to Elvitegravir/c

STRATEGY-NNRTI

Patient-reported outcomes – EFV subgroup group analysis



Higher treatment satisfaction scores at Week 24 (mean: 21 vs. 14, $p < 0.001$)[^]

* $P < 0.01$ & ** $P < 0.001$ (comparison with baseline within treatment group).

Use of Genvoya in renal dysfunction

Study 112 - phase III, 96-week, single-arm, open-label study of virologically suppressed adults with mild to moderate renal dysfunction switching to GENVOYA¹

Inclusion criteria:

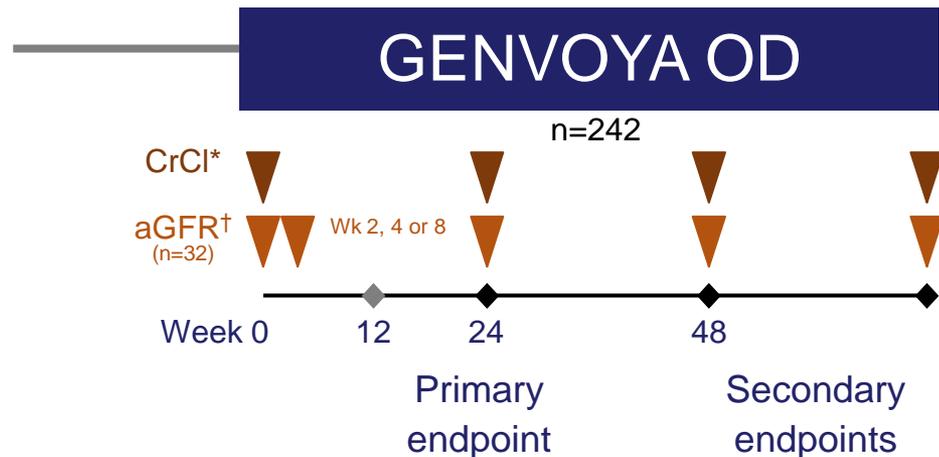
- HIV-suppressed adults with renal impairment (CrCl 30–69 mL/min)
- HIV-1 RNA <50 copies/mL for ≥6 months
- CD4 ≥50 cells/mm³

Primary endpoint:

- Change from baseline in CrCl at Week 24^{**}

*Creatinine clearance (CrCl) measured using the Cockcroft-Gault formula in all patients

†Actual GFR measured using iohexol plasma clearance in a subset of patients at 3 time points: baseline; Week 2, 4 or 8; and Week 24

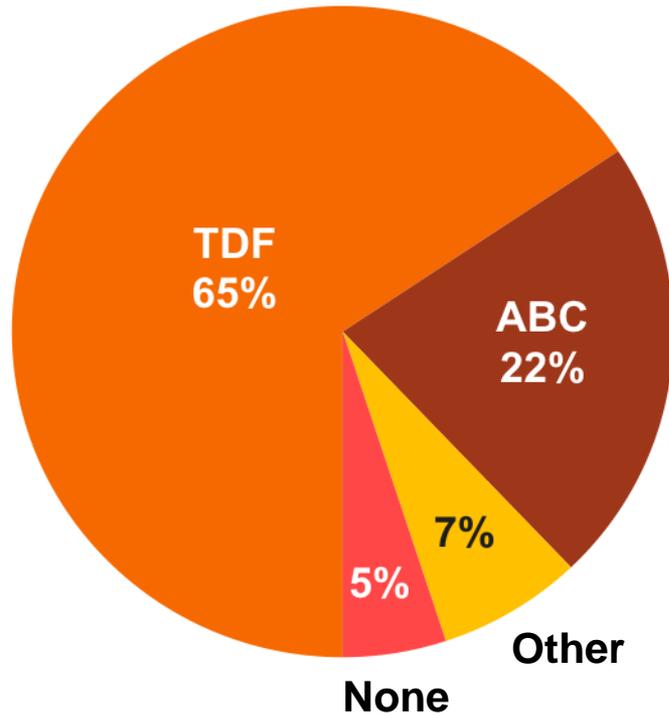


^{**}Median (Q1, Q3) change in CrCl from baseline to Week 24 was -0.4 (-4.8, 4.5) mL/min

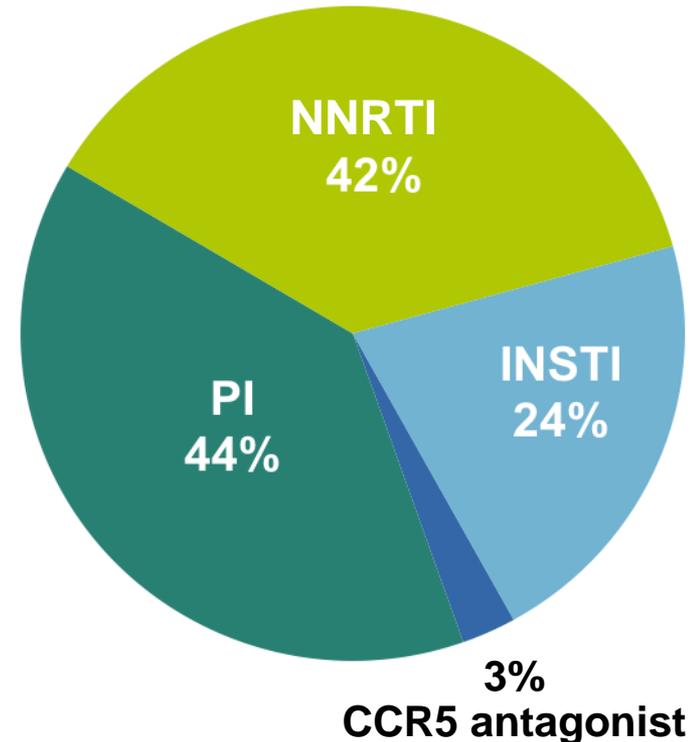
Use of Genvoya in renal dysfunction

Antiretroviral Treatment Prior to Switching to E/C/F/TAF

NRTIs



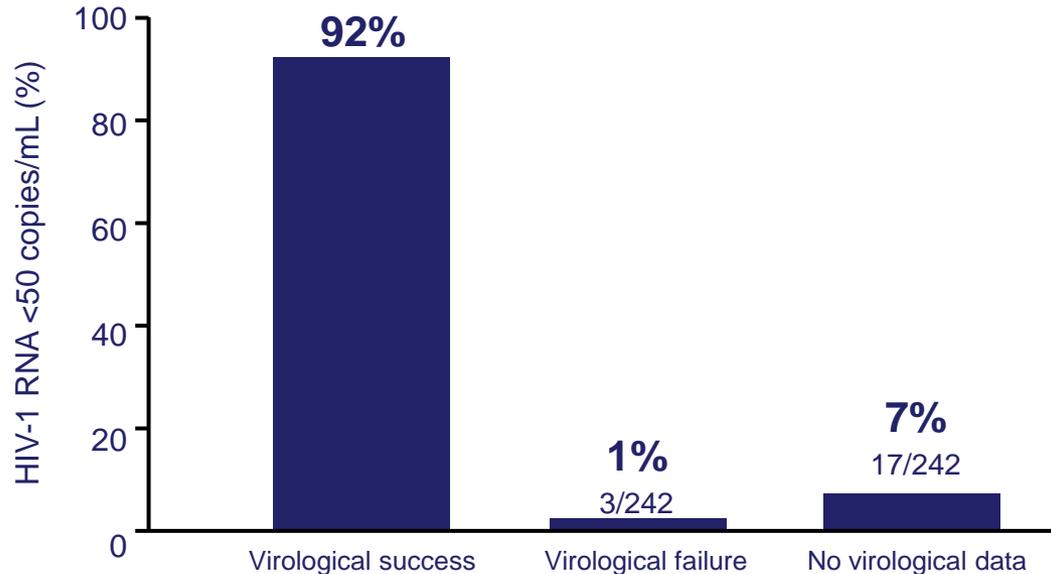
3rd Agent*



- *Some regimens included >1 3rd agent; therefore, total >100%. ABC, abacavir; CCR5, C-C chemokine receptor type 5; INSTI, integrase strand transfer inhibitor; NNRTI, non-nucleoside reverse-transcriptase inhibitor; NRTI, nucleoside reverse-transcriptase inhibitor; PI, protease inhibitor.

Use of Genvoya in renal dysfunction

Primary endpoint change from baseline in CrCl at week 24
Genvoya maintains high rates of virological suppression at week 48



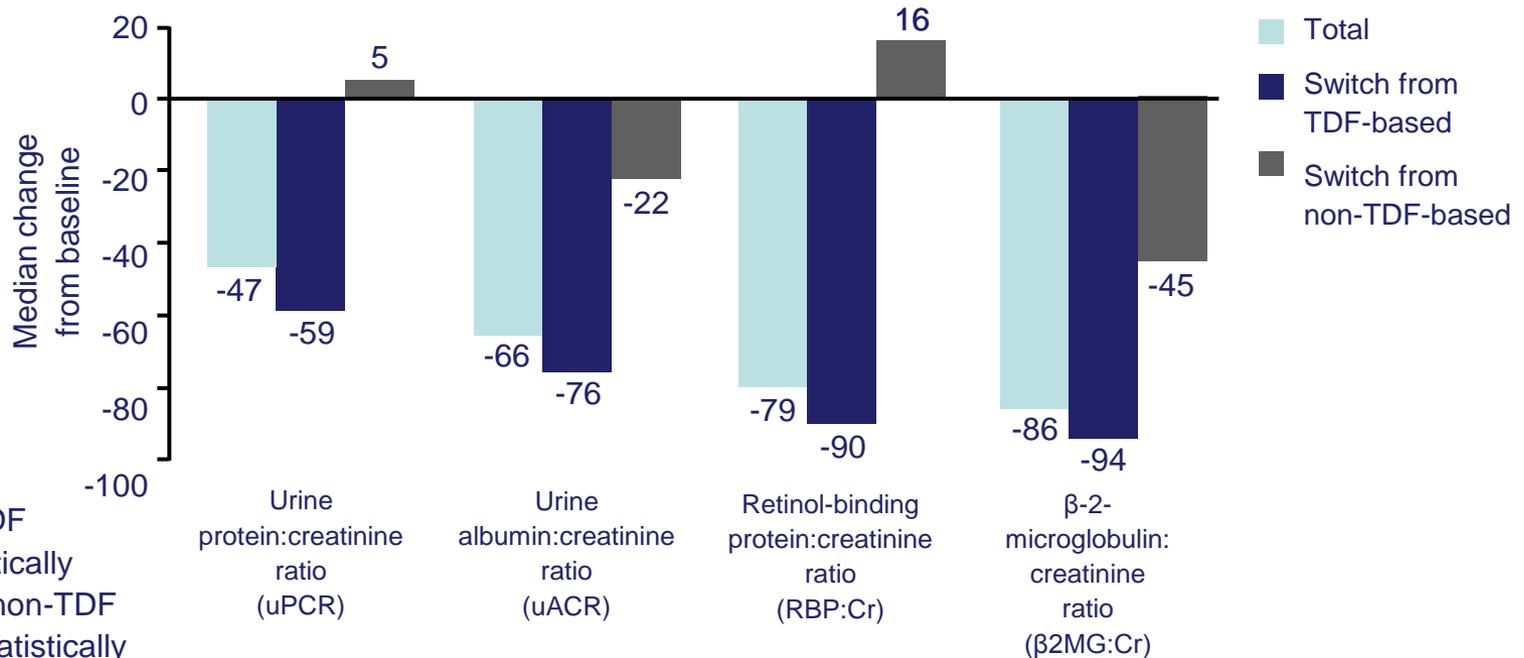
*Median (Q1, Q3) change in CrCl from baseline to Week 24 was -0.4 (-4.8, 4.5) mL/min

CrCl, creatinine clearance

Use of Genvoya in renal dysfunction

Statistically significant improvements in markers of renal tubular function at week 48

Improvements most notable in those switching from TDF-based ART



All total and TDF changes statistically significant; all non-TDF changes not statistically significant

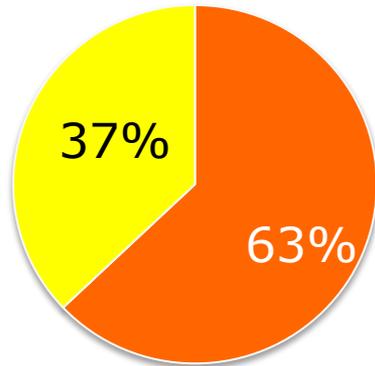
* at 48 weeks in Study 112

Elvitegravir/c in treatment failure

HIV Patient Population	Study	N	Regimens and Specifics
Treatment-Naive Adults	292-0104	867	E/C/F/TAF vs. E/C/F/TDF
Treatment-Naive Adults	292-0111	866	E/C/F/TAF vs. E/C/F/TDF
Treatment-Naive Adolescents	292-0106	50	E/C/F/TAF 12-17 years
Virologically-Suppressed with ≥ 2 class historical resistance	292-0119	135	E/C/F/TAF + DRV vs. BR + DRV
Virologically-Suppressed	292-0109	1436	E/C/F/TAF vs. F/TDF +3 rd ARV
Renal Impairment (mild to moderate)	292-0112	248	E/C/F/TAF eGFR 30-68 mL/min
HIV-1/HBV co-infected	292-1249	75	E/C/F/TAF

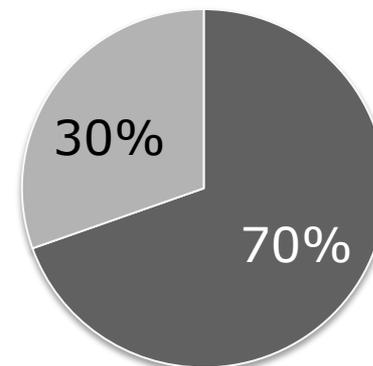
Elvitegravir/c in treatment failure

**E/C/F/TAF + DRV
(N=89)**



- 800 mg QD
- 600 mg BID

**BR
(N=46)**



- 800 mg QD
- 600 mg BID

Response at Week 48 per prior DRV dose, n (%)	E/C/F/TAF + DRV (n=89)		BR (n=46)	
	600 mg BID	800 mg QD	600 mg BID	800 mg QD
Virologic Success	33 (100)	51 (91)	11 (78.6)	24 (75)
No Virologic Data	0	3 (5.4)	2 (14.3)	4 (12.5)
Virologic Failure	0	2 (3.6)	1 (7.1)	4 (12.5)

Virologic suppression was similar within each arm, regardless of the DRV dosage. However, E/C/F/TAF+DRV was statistically superior to staying on the Baseline Regimen.

Switching to InSTI as a 'safer' option

Raltegravir



200mg

Elvitegravir



Stribid



Genvoya

Dolutegravir



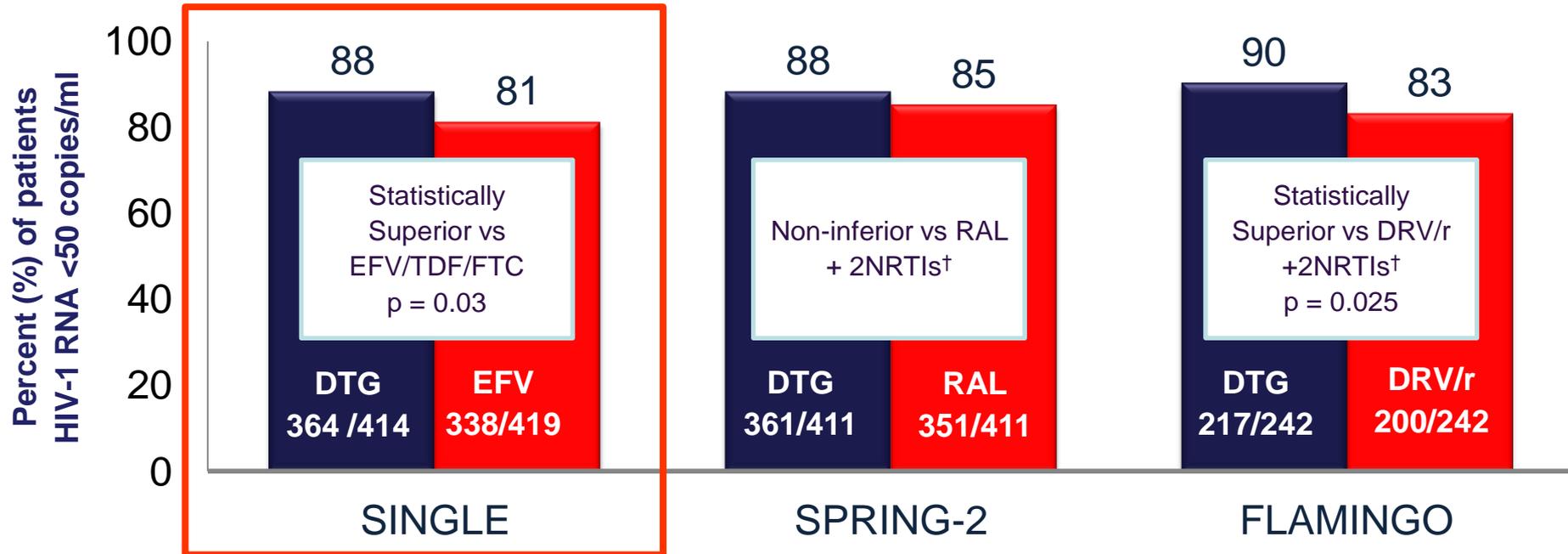
Dolutegravir



Triumeq

Dolutegravir – efficacy

DTG Phase III Clinical Trials in ART-Naïve subjects FDA Snapshot (48-Week Data; Primary Endpoint)



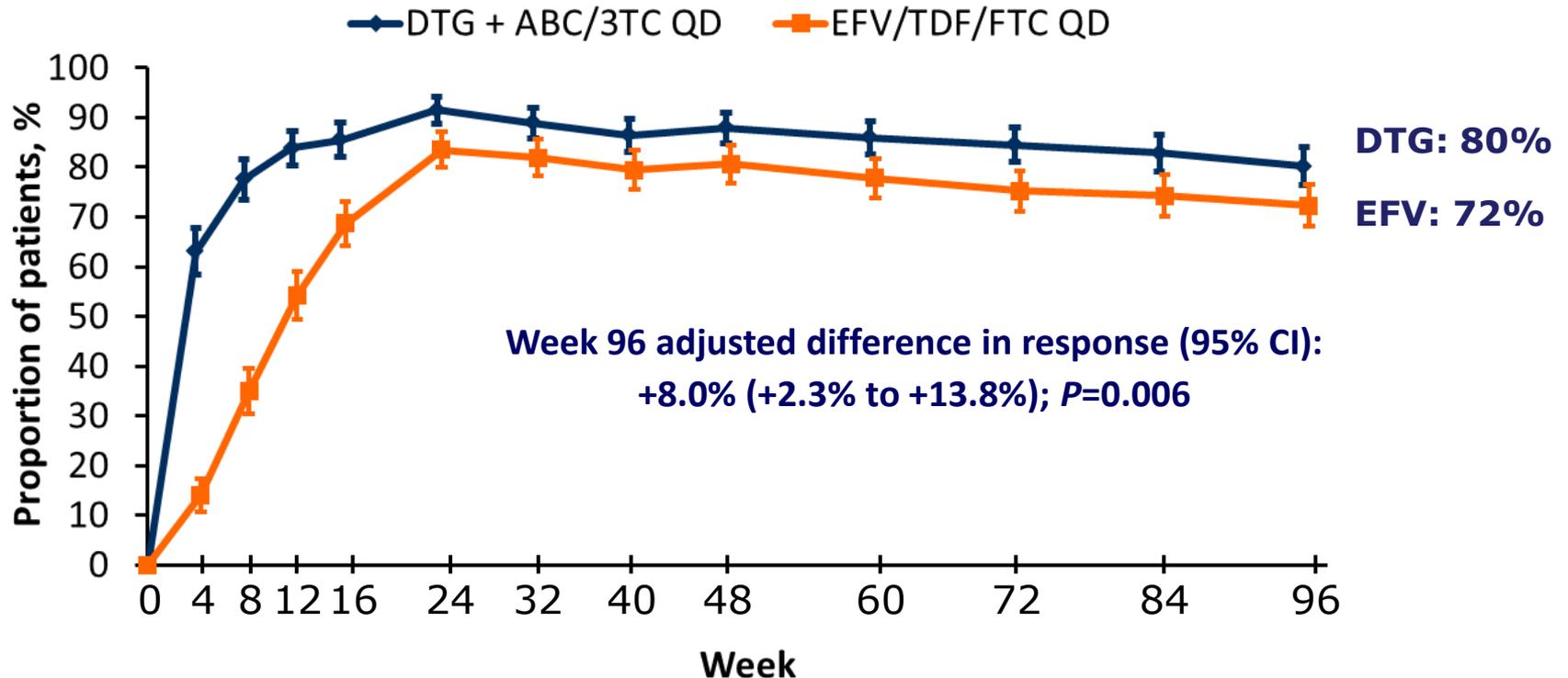
- In SINGLE, 414 patients received DTG +ABC/3TC.¹
- In SPRING-2, on Day 1 in the DTG arm, 242 and 169 patients received TDF/FTC or ABC/3TC, respectively; in the RAL arm 247 and 164 patients received TDF/FTC and ABC/3TC, respectively.²
- In FLAMINGO, on Day 1 in the DTG arm, 163 and 79 patients received TDF/FTC or ABC/3TC, respectively; in the DRV/r arm 162 and 80 patients received TDF/FTC and ABC/3TC, respectively.³

1. Walmsley S, et al. N Engl J Med 2013;369:1807–18; 2. Raffi F, et al. Lancet 2013;381:735–43; 3. Clotet B, et al. Lancet 2014;383:2222–31;

Dolutegravir – efficacy

SINGLE Study

Virologic Suppression (HIV-1 RNA <50 c/mL; FDA Snapshot)



Higher responses on DTG + ABC/3TC vs EFV/TDF/FTC driven by withdrawals due to AEs (3% vs 11%, respectively)

Dolutegravir – efficacy

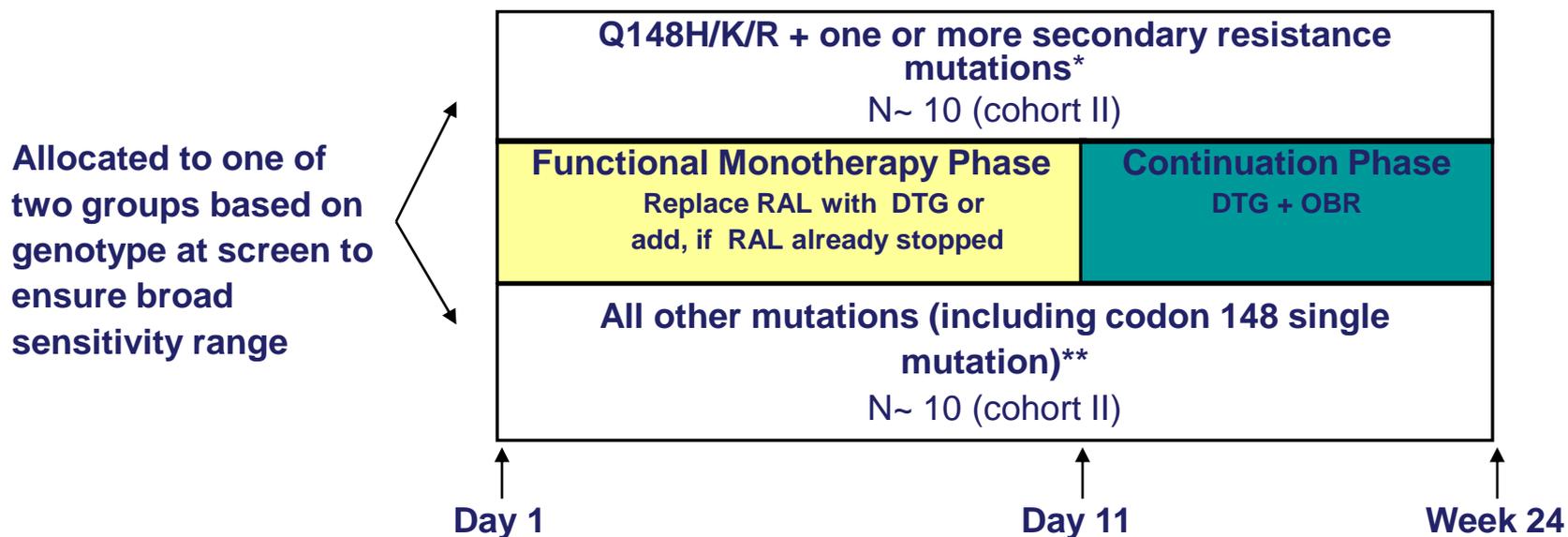
SINGLE Study

Virologic Suppression (HIV-1 RNA <50 c/mL; FDA Snapshot)

Adverse event	DTG + ABC/3TC QD (n=414)	EFV/TDF/FTC QD (n=419)
Treatment-related	184 (44%)	282 (67%)
Preferred term ≥10% in either arm		
Dizziness	29 (7%)	139 (33%)
Abnormal dreams	27 (7%)	66 (16%)
Nausea	44 (11%)	49 (12%)
Insomnia	41 (10%)	25 (6%)
Treatment-related Grades 2-4 (≥5% in either arm)	58 (14%)	116 (28%)
Dizziness	2 (<1%)	21 (5%)

VIKING Study design

- Current or historic RAL-failures with evidence of RAL resistance
- At least 3 ART-class resistant (including INI)
- Subjects received DTG 50mg QD (Cohort I) and 50mg BID (Cohort II)
- Cohort II subjects should have ≥ 1 fully active ART in OBR

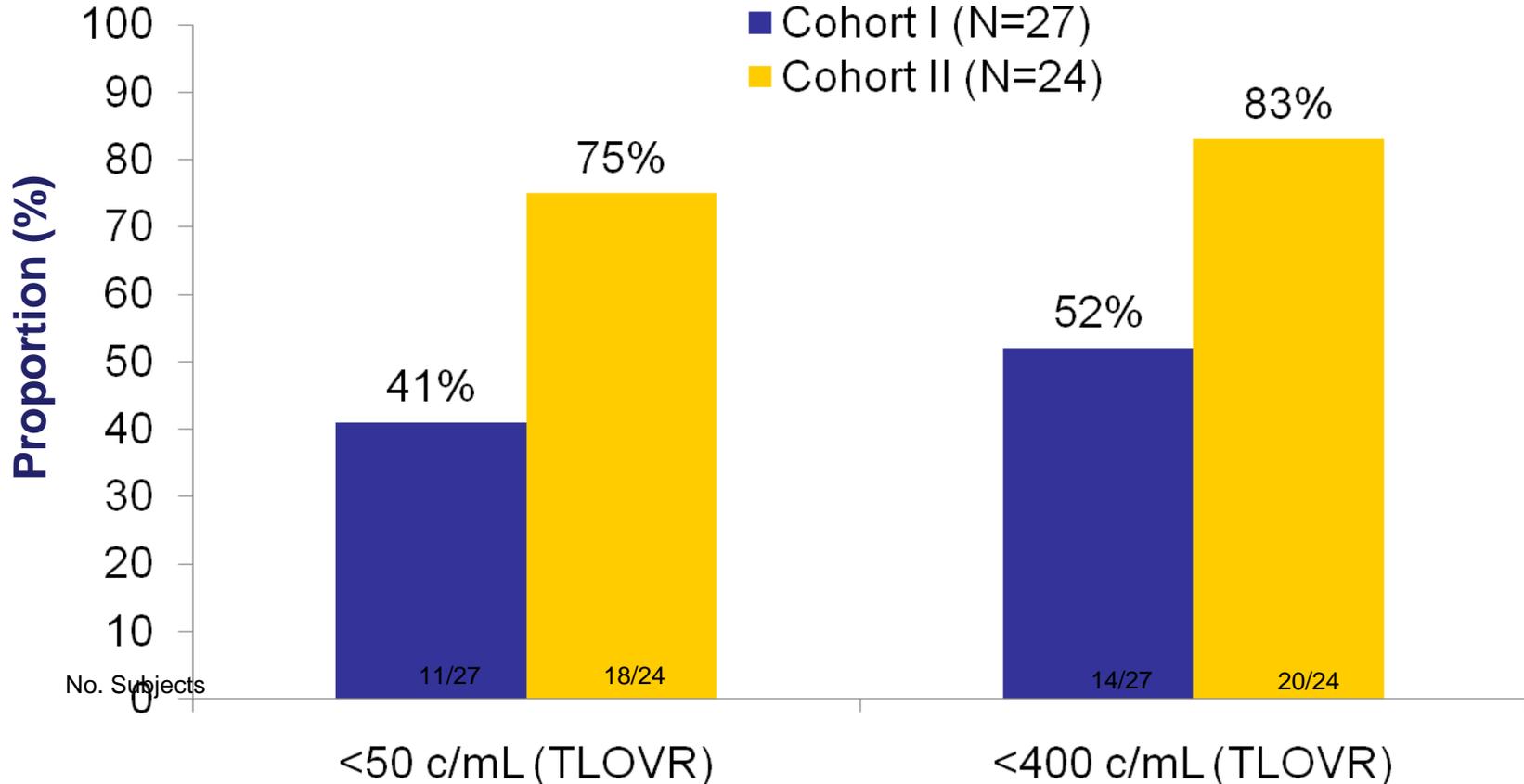


*Q148H/K/R plus changes in L74 and/or E138 and/or G140

**N155H and Y143H pathways or Q148H/K/R single mutants

DOL switch – treatment experienced

VIKING Study – virological responses with RAL resistance

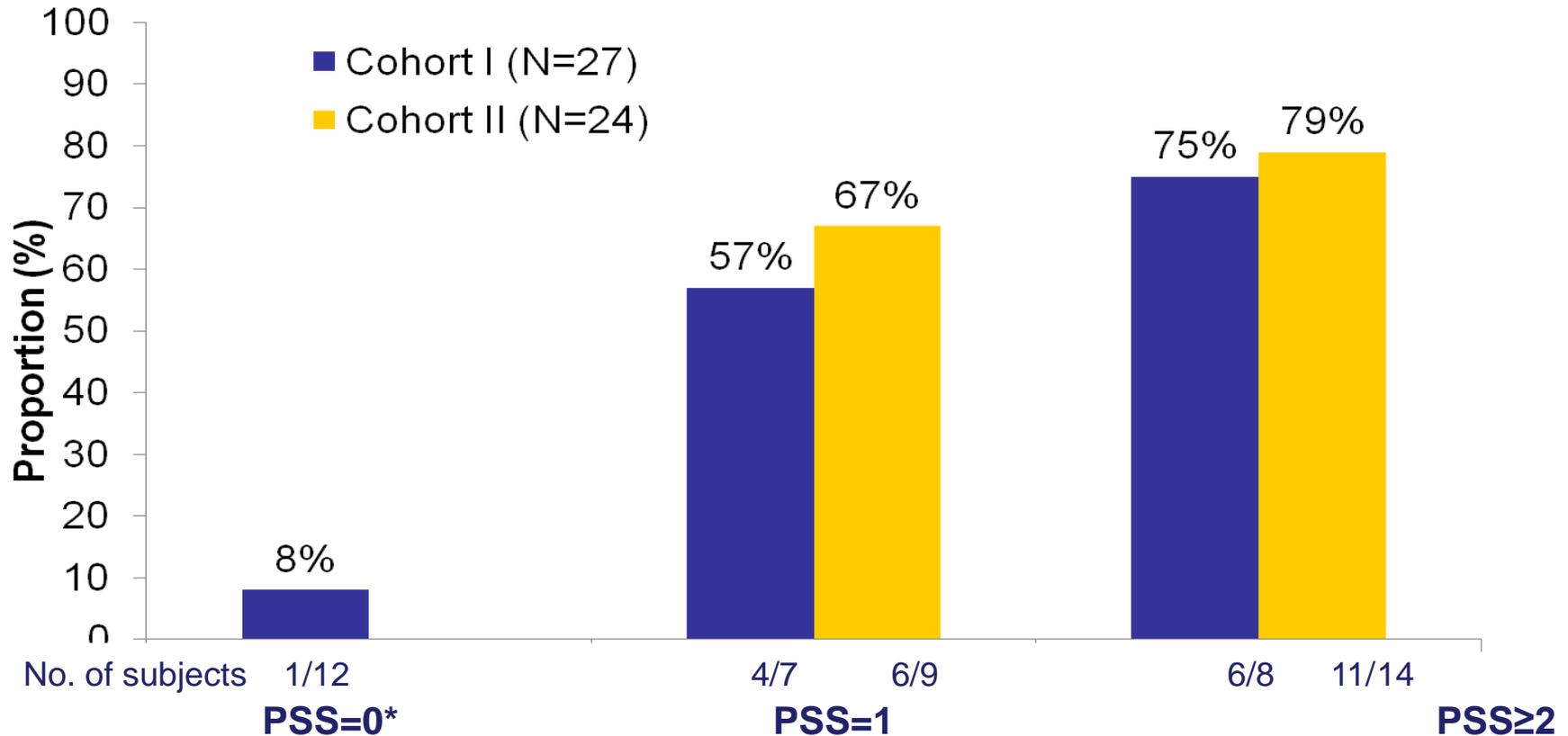


In an exploratory analysis* through Week 24, 11% and 38% of subjects receiving DTG 50 mg QD and BID respectively achieved <2 c/mL

*Modified BioMerieux EasyQ HIV-1 SuperLow assay (lower limit of detection 2 c/mL)

DOL switch – treatment experienced

VIKING Study – responses by OBR activity



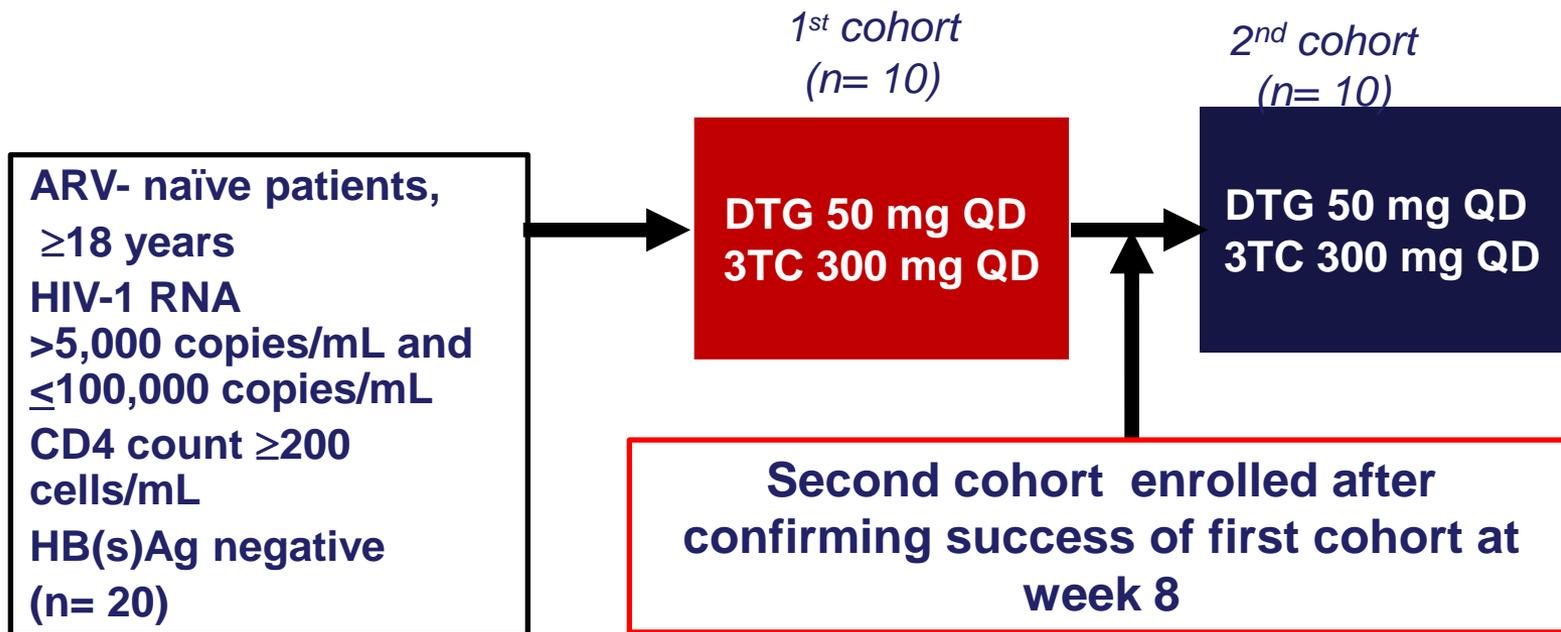
*: 1 subject in Cohort II with PSS=0.5 responded

Baseline PSS of OBR

Increasing background drug activity remained as independent predictor of virologic response at Week 24 after adjusting for other variables

Dolutegravir / 3TC as a treatment option

PADDLE (*P*ilot *A*ntiretroviral *D*esign with *D*olutegravir *L*amivudin*E*)
Phase IV, pilot, open-label, single arm exploratory trial



Viral load was measured at baseline, days 2,4,7,10,
and weeks 2,3,4,6,8,12, 24, 36 and 48*

* 96 week extension ongoing

Dolutegravir / 3TC as a treatment option

#	SCR	BSL	DAY 4	DAY 7	W.2	W.3	W.4	W.6	W.8	W.12	W.24	W.36	W.48
1	5.584	10.909	383	101	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
2	8.887	10.233	318	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
3	67.335	151.569	1.565	1.178	97	53	< 50	< 50	< 50	< 50	< 50	< 50	< 50
4	99.291	148.370	3.303	432	178	55	< 50	< 50	< 50	< 50	< 50	< 50	< 50
5	34.362	20.544	1.292	570	107	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
6	16.024	14.499	1.634	162	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
7	37.604	18.597	819	61	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
8	25.071	24.368	1.377	Not done	105	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
9	14.707	10.832	516	202	< 50	< 50	< 50	< 50	< 50	< 50	< 50	SAE	
10	10.679	7.978	318	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
11	50.089	273.676	68.129	3.880	784	290	288	147	< 50	< 50	< 50	< 50	< 50
12	13.508	64.103	3.296	135	351	84	67	< 50	< 50	< 50	< 50	< 50	< 50
13	28.093	33.829	26.343	539	61	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
14	15.348	15.151	791	198	< 50	61	64	< 50	< 50	< 50	< 50	< 50	< 50
15	23.185	23.500	4.217	192	< 50	< 50	< 50	Not done	< 50	< 50	< 50	< 50	< 50
16	11.377	3.910	97	143	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
17	39.100	25.828	1.970	460	52	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
18	60.771	73.069	2.174	692	156	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
19	82.803	106.320	2.902	897	168	76	< 50	< 50	< 50	< 50	< 50	PDVF	
20	5.190	7.368	147	56	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50

CD4 increase: Median (IQR) : 267 (180-462)

Dolutegravir and tolerability

	Dolutegravir	Elvitegravir	Raltegravir
Exposures on INSTI analysed, n	985	287	678
Median Follow up per exposure, months (range)	11.5 (0-25.4)	16.0 (0.4-33.4)	36.3 (0.2-107.3)
Alive and on INSTI at time of data cut,% (n)	91.0 % (896)	83.3 % (239)	54.0 % (366)
Death while on INSTI,% (n)	0.9 % (9)	0.3 % (1)	4.7 % (32)

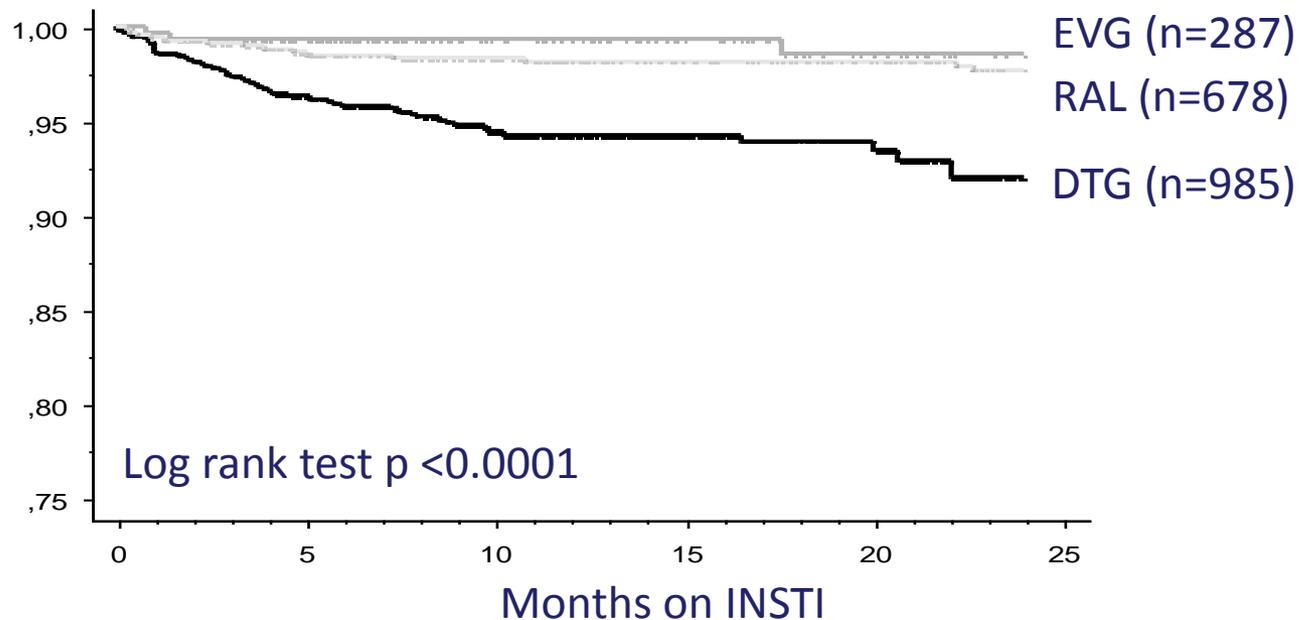
Reasons for discontinuation of INSTI (per exposure) over entire follow-up period

ART Simplification, % (n)	1.0 % (10)	2.8 % (8)	31.3 % (212)
Virological failure, % (n)	0.1 % (1)	1.7 % (5)	4.7 % (32)
Other reasons, % (n)	0.2 % (2)	2.4 % (7)	1.5 % (8)
Discontinuation due to AEs (any) total, % (n)	6.8 % (67)	9.4 % (27)	4.1 % (28)

Dolutegravir and tolerability

Discontinuation due to neuropsychiatric AEs

	Dolutegravir n=985	Elvitegravir n=287	Raltegravir n=678
Neuropsychiatric % (n)	5.0 % (49)	1.0 % (3)	2.1 % (14)
Insomnia, sleep disturbances	36	2	4
Poor concentration, slow thinking	8	0	0
Dizziness	13	1	3
Headache, paraesthesia	16	1	6
Depression	7	0	1



Switching for safety...what to know.

- Know your patient!!!
 - Know the treatment history
 - Is there transmitted / archived resistance?
 - How is there adherence?
- Have a reason for switch
 - Set your goals!
- Only switch in the setting of virological suppression
- Closely follow patients after switch
- Be aware of the consequences of getting it wrong!
 - Resistance can be a *disaster!*

THANK YOU!

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