

Patients' needs among elderly HIV-infected population

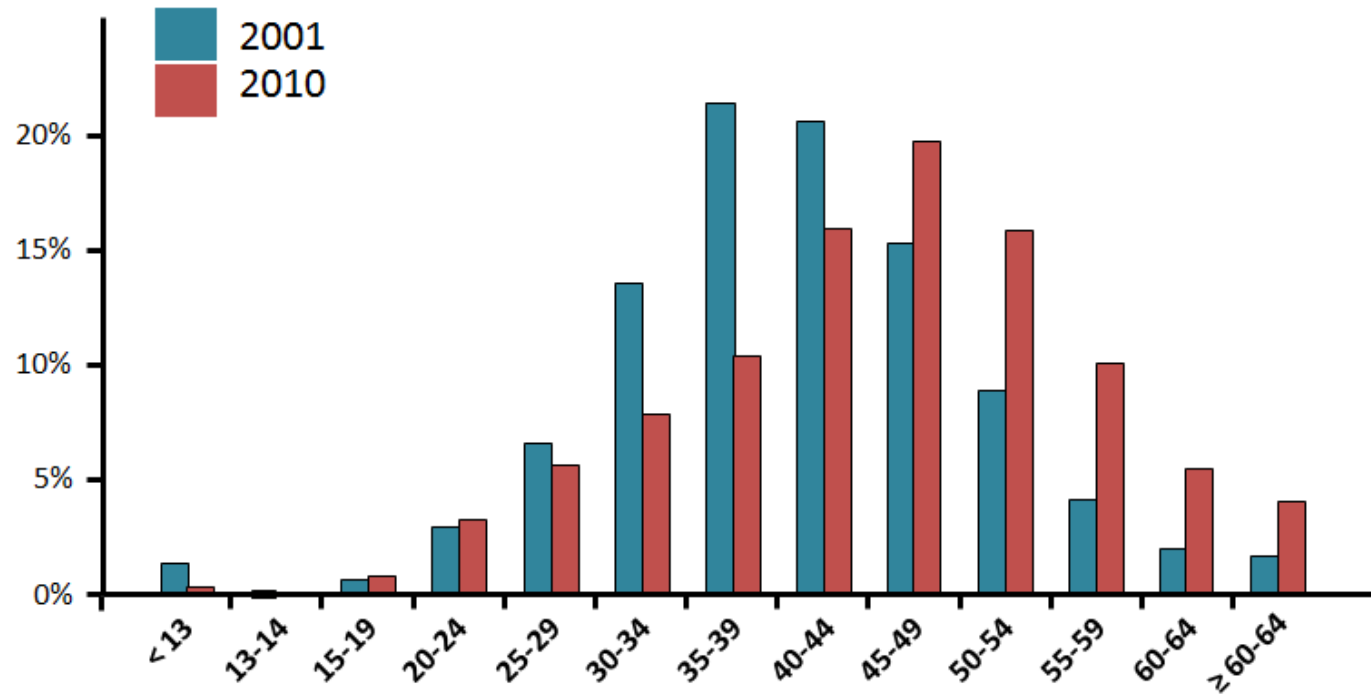
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HIV and aging



CONSEQUENCES



Patients' Needs

- ✓ Health needs in the elderly are different
- ✓ Clinicians face **additional needs and challenges** related to getting older



To offer an appropriate and excellent management:

- ✓ We **should question** current targeting practices
- ✓ We **should predict** the future demand for our vulnerable patients
- ✓ We **should change** our approach and goals of care

Ask patients

Focus group meetings to discuss and define new needs
Moving beyond a normative approach

Patients' Needs

- ✓ What are the health needs of our elderly patients?
- ✓ Are the needs different from those of the general population???



A Pubmed search shows:

- ✓ Pubmed: “HIV and requirements” **1812**
 - ✓ Needs in Africa
 - ✓ Needs for treatment of hepatitis B/C
 - ✓ Needs in models of research
 - ✓ Needs for international financing for Africa
 - ✓ Needs for prevention
- ✓ Pubmed: “HIV and patients' requirements “ **33**
 - ✓ Pubmed: “HIV and patients' needs” **236**

Needs of our Patients

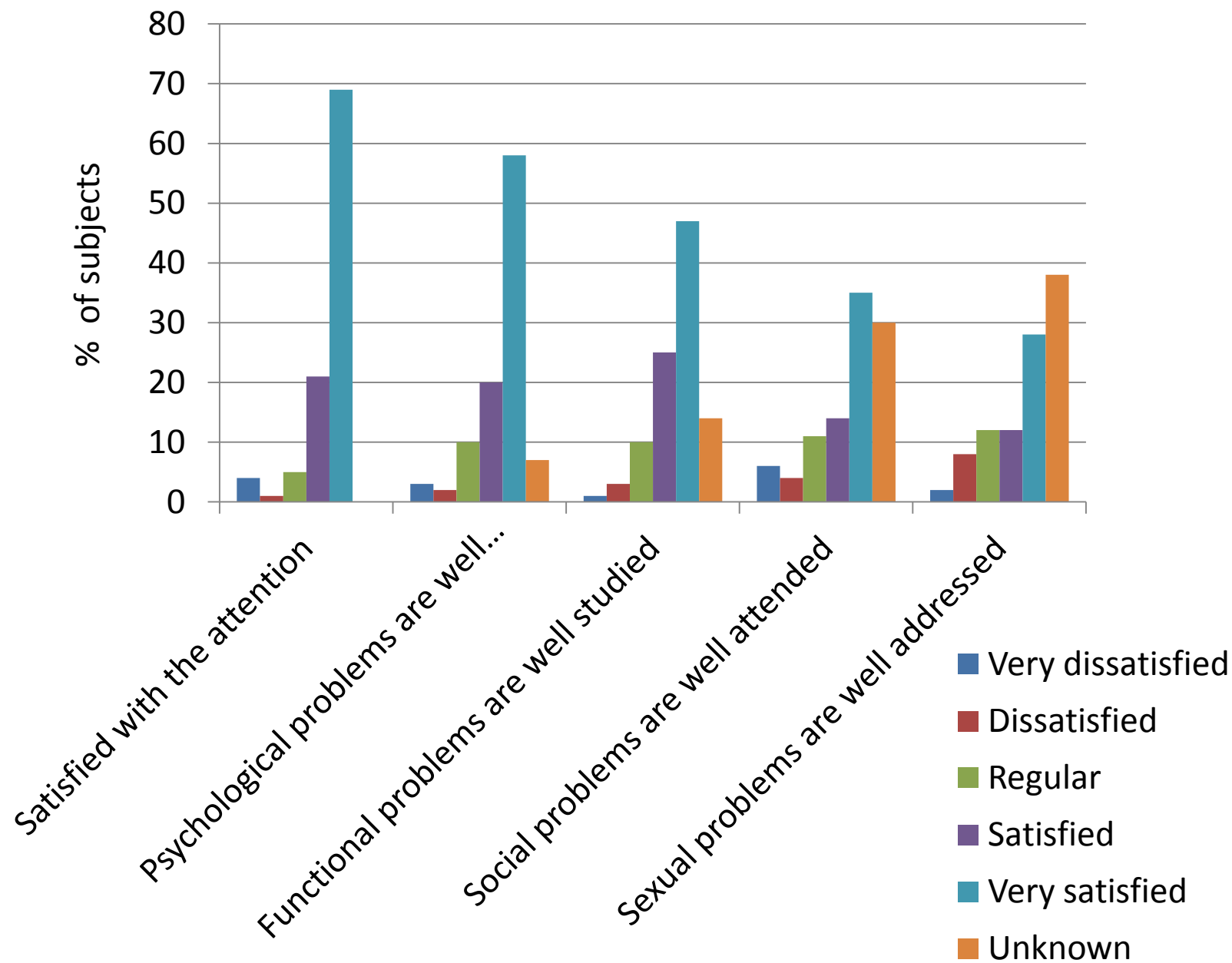
8-item questionnaire:

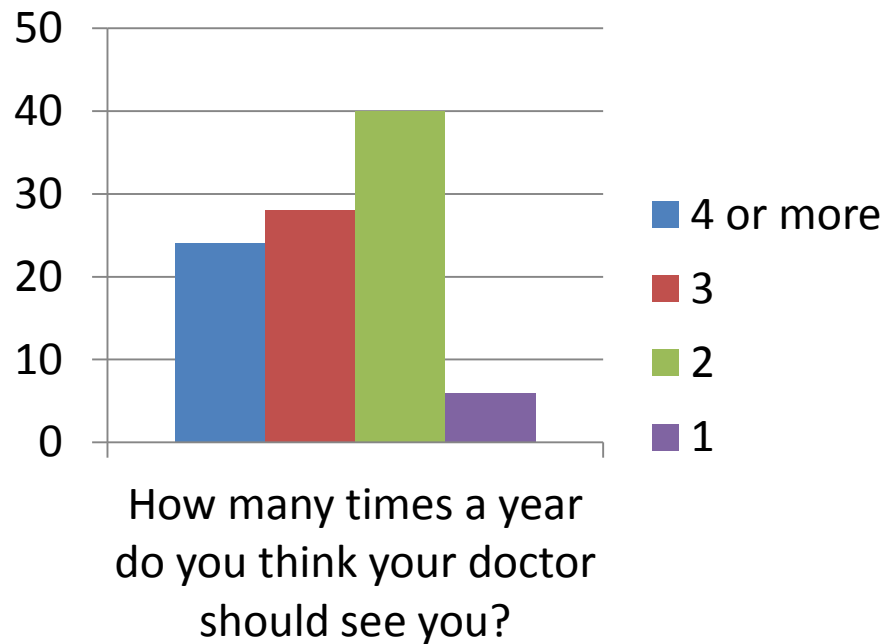
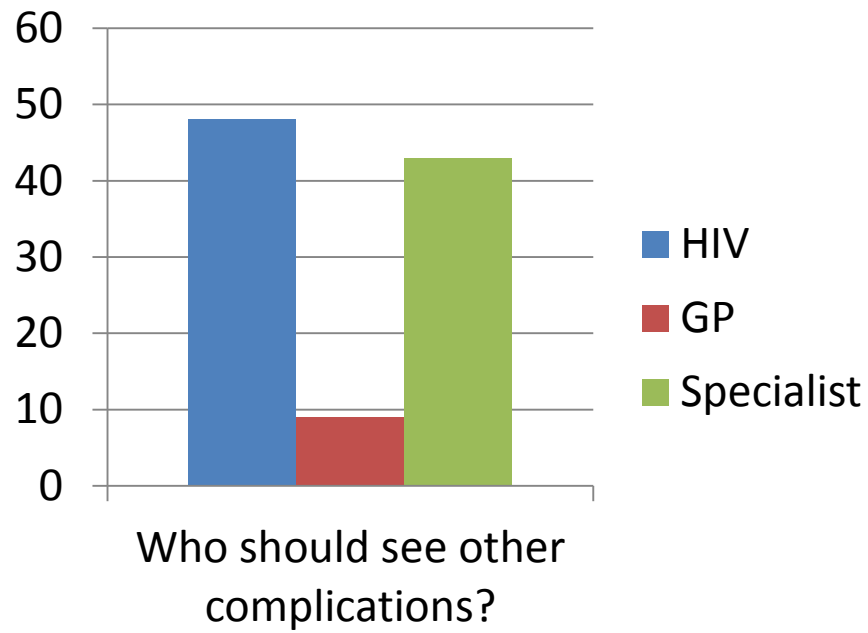
- Are you satisfied with the attention received from your medical centre?
- Do you believe your needs as consequences to psychological problems (depression, anxiety, etc) are being well managed/covered by the medical personnel and healthcare system?
- Do you believe your needs resulting from functional problems (vision and hearing impairment, mobility problems, etc) are well studied?
- Do you believe enough attention is given to cover your needs arising from social problems ?
- Do you believe enough attention is given to cover your needs arising from sexual problems ?
- How many times a year do you think your doctor should see you?
- Who do you believe that your doctor should manage other diseases such as hypertension, kidney impairment or cardiovascular events, osteoporosis, etc.?
- What things would you change/add from your medical appointment?

	159 HIV subjects >60 years old
Age, years (mean [SD])	62(±7)
Gender (male) (%)	92
Tertiary hospitals (%)	58
Community hospitals (%)	17
East Europe hospitals (%)	20
Jail (%)	5

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Our patients aged >60 years



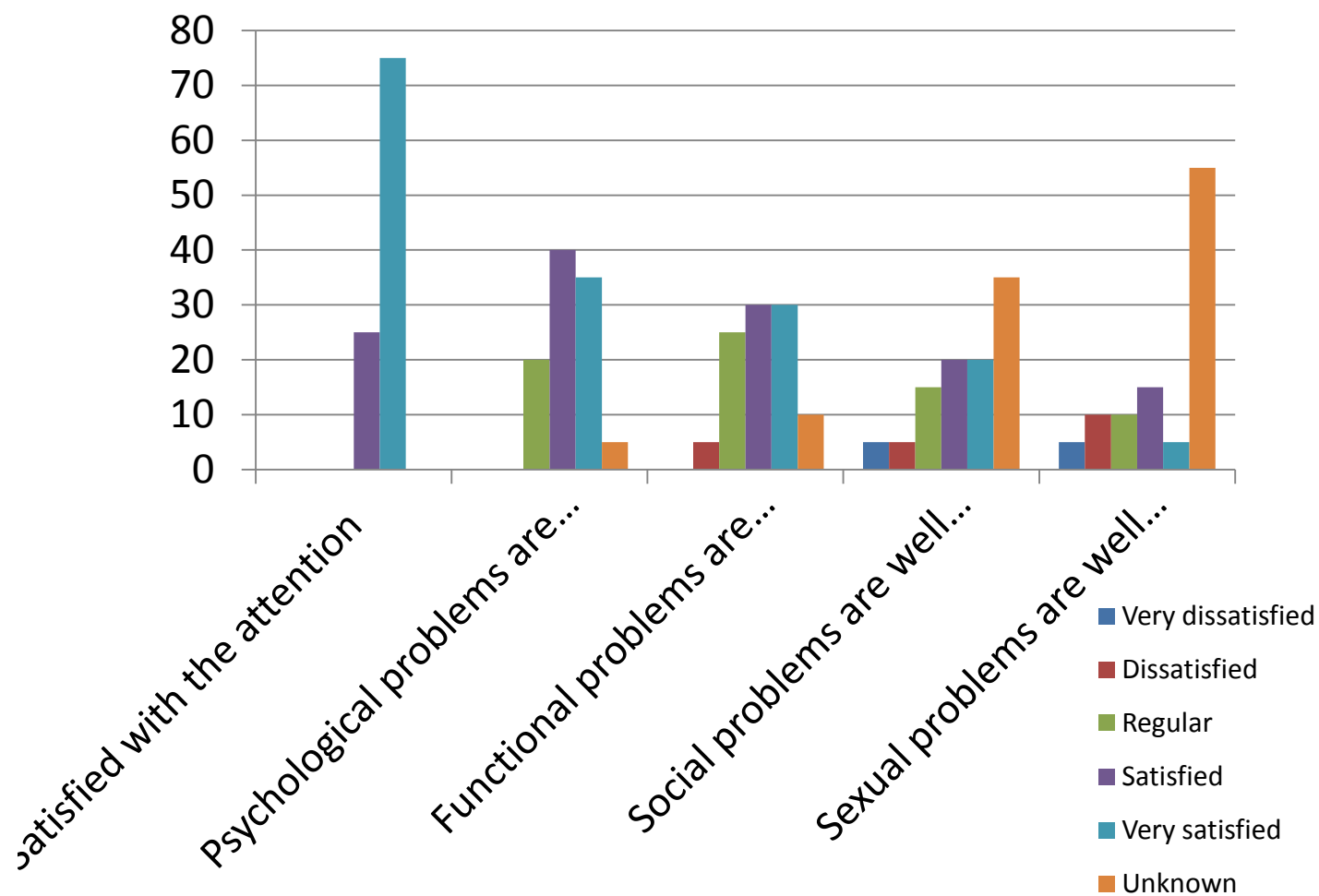
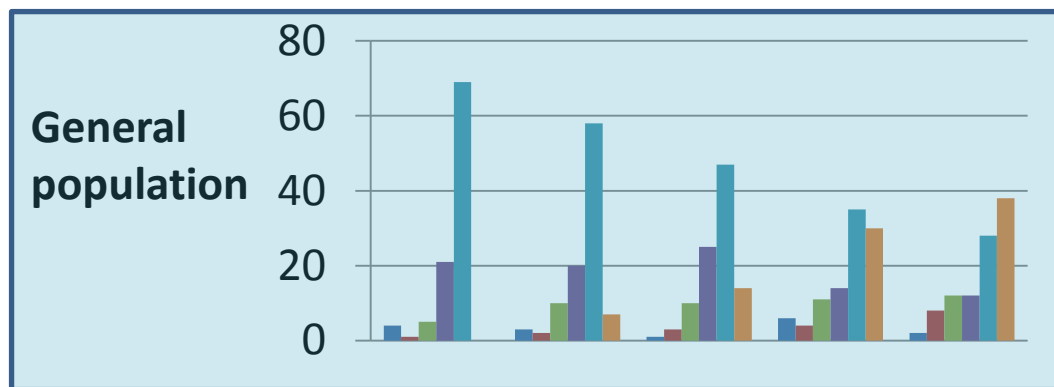


What do you (the patient) think we should change/add?

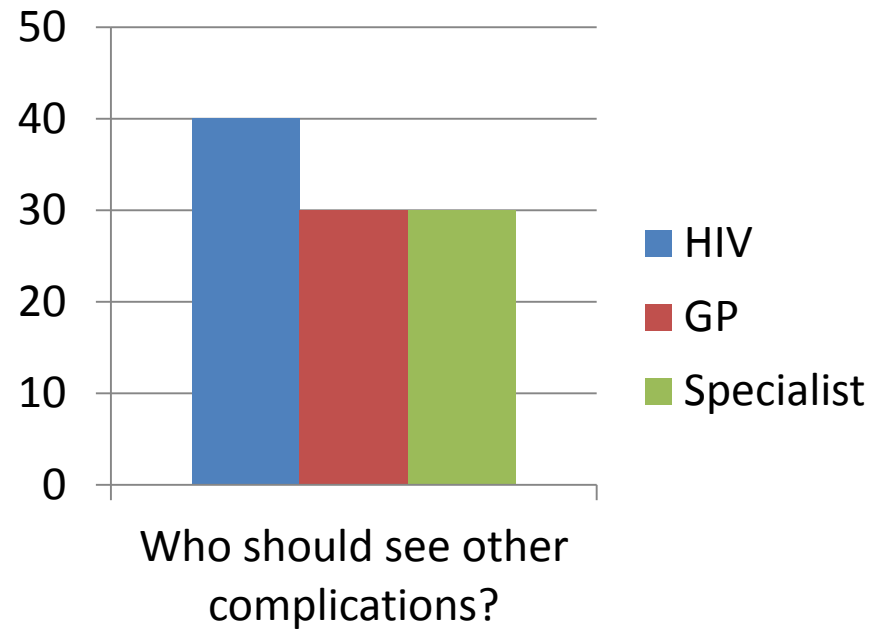
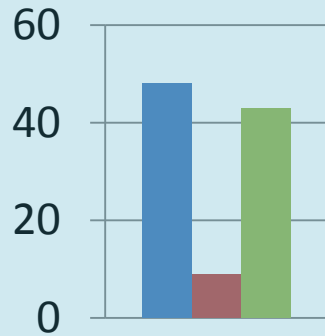
- 1/3 of patients would not change anything
- The remaining would change:
 - The management of psychiatric and social problems
 - More time with the doctor and more complete physical exploration
 - See the doctor during the afternoons
 - Parking.....

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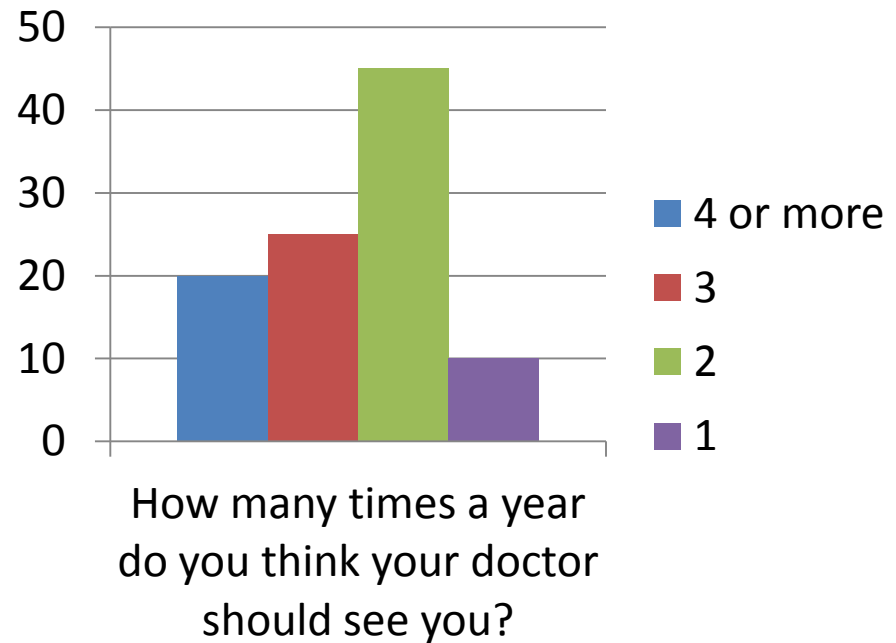
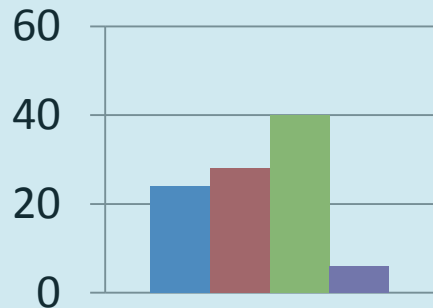
Community hospitals



General population

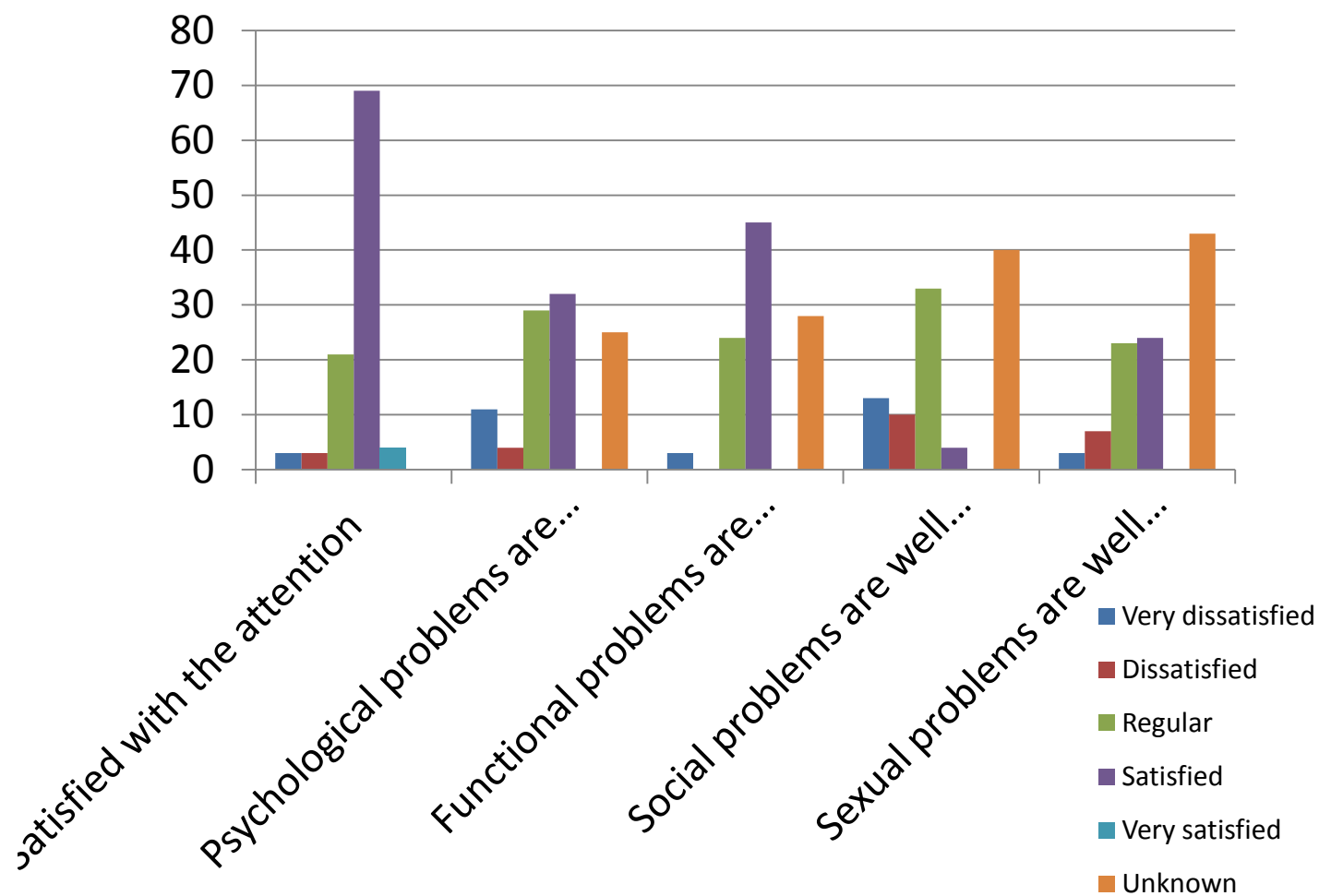
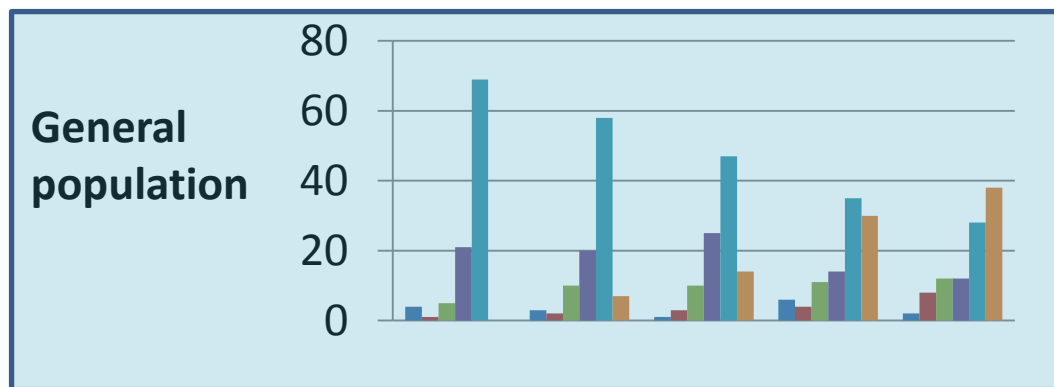


General population

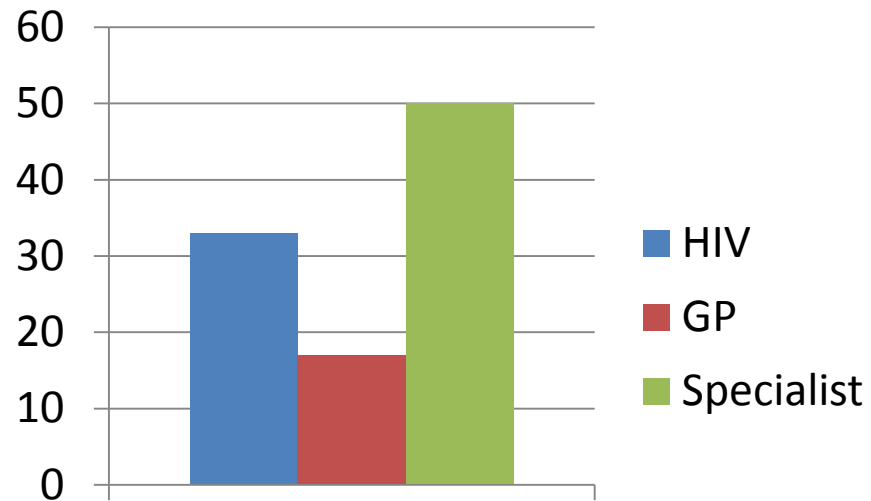
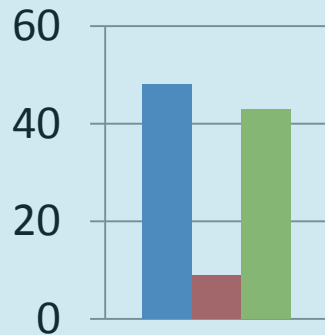


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East Europe

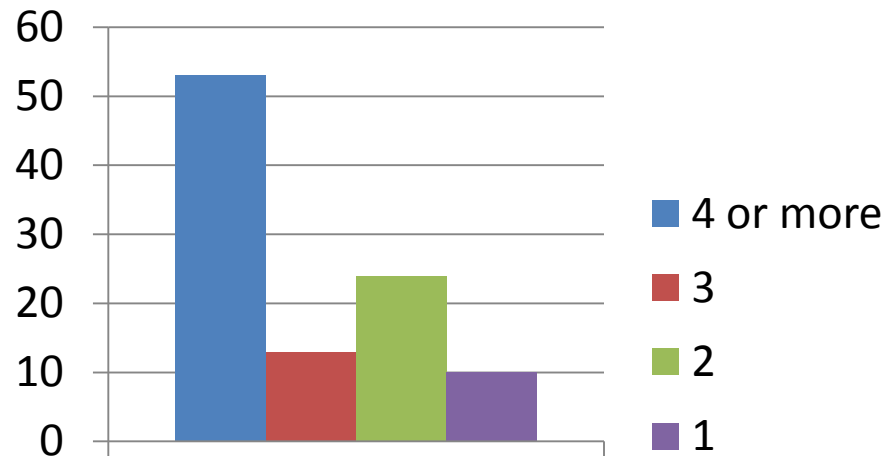
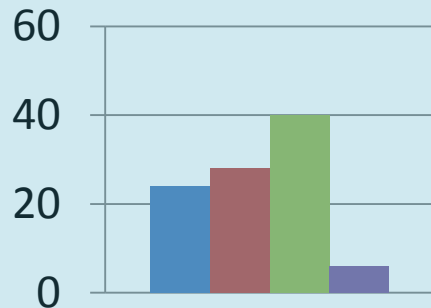


General population



Who should see other complications?

General population



How many times a year do you think your doctor should see you?

What do you (patient) think we should change/add?

- Social workers
- On-line counselling
- Self-help groups

CONCLUSIONS

- ✓ Patients from each center/region have their needs
 - ✓ There are **differences between regions.**
- ✓ Most of patients are **Very satisfied or Satisfied** with the general attention,
- ✓ But a lower number of patients are satisfied when we ask about **especific needs**, specially related to social, psychological and sexual problems.

CONCLUSIONS

- ✓ Half of patients think that **HIV-physician** should manage comorbidities but the other half would prefer **other specialists**.
- ✓ Many patients would prefer to see their doctor **twice or 3 times** per year, but more frequently in East Europe.



**We should modify our goals of care depending on
our patients' needs**

Thank you



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